

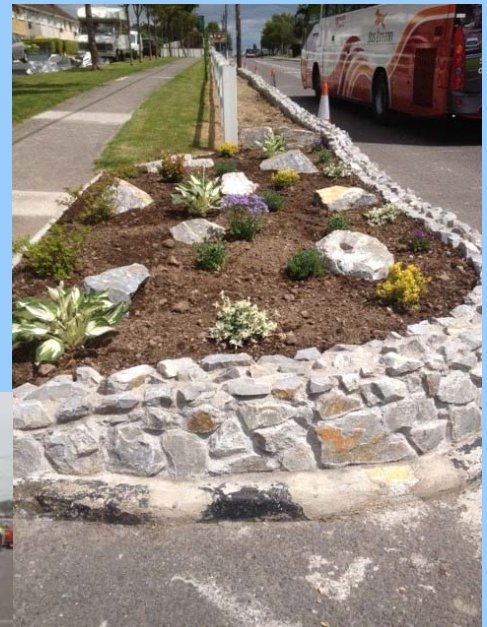
Carrigtwohill Community News

Issue 23


Summer 2013



Carrigtwohill Tidy Towns at work



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Community Alert

Chairperson: Anthony Barry

Community Care

Chairperson: Anna Fitzgerald

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Mary O'Mahoney

Cultural Festival

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Old Graveyard

Chairperson: John Dennehy

Tidy Towns

Chairperson: John McCann

Tuesday Club

Chairperson; Eleanor Geraghty

Walkway/Well Lane

Chairperson: Oliver Sheehan



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Carrigtwohill Community Centre

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Local Contacts

Parish Priest:

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Parochial House, Carrigtwohill.
Tel - 4883236 or 087-6834193

Curate:

Fr. Gabriel Bourke 4883867
Convent :
Poor Servants of the Mother of God
4883237

Schools:

Scoil Clochair Mhuire (Girls N.S.) - 4883293
Scoil Mhuire (Boys N.S.) 4883271
St. Aloysius College 4883341

Community Centre 4882265
Resource Centre 4883122

Emergency 999
Gardai-
Carrigtwohill 4883222,
Cobh 4908530,
Midleton 4631478
Alcoholics Anonymous - 4500481
ACCORD - (Marriage Counselling) -
025-32249
CURA - (Pregnancy Counselling) -
022-21259
Samaritans (Local Call) - 1850 609090
Crisis Pregnancy helpline 021-4276676
(9 till 5pm)

Doctors

Dr. M. Barry 4883895
Dr. H. Doran 4883176
Dr. B. Jordan 4631234
Dr. P. Kennedy 4883162
Dr. G. McLoughlin 4883162
Dr. Sushil Ranga 4853831
Dr. M. Thompson 4883895
Dental Practice 4533864
Community Nurse :
Resource Centre 4883367

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Carrigtwohill Community Centre
Main Street.
021-4882265

Roche's Garage

Phone: 021-4883112

Fax: 021-4883365

Christy Mobile: 086-2577697

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Carrigtwohill Community Council

Community Alert

Public Meeting

**Tuesday September 17th
at 8.00pm**

in

**Carrigtwohill
Community Centre**

Agenda

**Setting up of Carrigtwohill
Community Alert**

Community Centre Car Park

**2 Hour Parking Only
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Festival of Flowers St Mary's Church



St Mary's Parish Church, Carrigtwohill will be abundant with flowers on 14th and 15th September 2013 when it hosts its inaugural Festival of Flowers.

Visitors are welcome to come and view the flower arrangements and enjoy refreshments at the church during the two days. Local florists and flower clubs are exhibiting at the event and all those involved are giving their time and expertise free of charge. There is no charge to visit the festival, but visitors may give a donation to Marymount Hospice.

Fr Anthony O'Brien, Parish priest stated 'this is an opportunity for us to celebrate our faith through nature and we welcome all members of our parish and the wider community to visit the festival'.

The festival will be officially opened at 12 noon on Saturday, 14th September 2013 with speakers from the parish and Marymount Hospice taking part in the ceremony. The festival will close in a melody of song at 5 p.m. on Sunday, 15th September 2013.

The festival will celebrate the year of the faith in a special way, bring the parish together as one and invite visitors to view our beautiful church.

It is also an opportunity for florists and flower clubs to showcase their flower arranging skills while collecting funds for Marymount Hospice which carries out tremendous work' declared Noreen Healy, the lady from the parish council who is spearheading the festival of flowers.

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Joan Scully R.I.P.



Tuesday 16th July was probably one of the most beautiful days this year but it marked one of the saddest days we can remember in Carrigtwohill.

Disbelief was the initial reaction of most people who learned of the untimely death of Joan Scully (nee Ahern) on that day. That disbelief was shortly followed by shock and then a great sadness, a sadness that marked the fact that, in her short years on this earth, Joan had earned not just the respect of her community but she was truly loved by many.

Joan was born 46 years ago to Paddy and Lilly Ahern. She grew up in a loving home where she was ingrained with the values which led her to be such a significant person in our community.

In her secure and loving home, she learned to respect others, to be kind, to be positive and to help others and to do all of this with good humour and without complaint.

It is Carrig's good fortune that Joan decided to remain in our community and to bestow on us her many gifts and talents. Her organisational skills were legendary and no task was ever too big.

Whatever Joan was asked to do, her standard response was "no problem".

It would be easier to list the organisations which Joan was not involved with than to list all those she helped in her short life. Hopefully Joan and any organisation not listed below will forgive us for omitting reference to her work with them.

Any such omission probably arises from the fact that another one of Joan's admirable qualities was her humility. She never sought the limelight and whilst she may have been the heartbeat of many organisations, she was not the kind who

ever enjoyed playing the lead role. Undoubtedly she would have been well capable of such role but her humility and appealing and natural shyness always led to her shunning the limelight.

Carrigtwohill Community Council is proud to say that Joan was one of our leading lights for many years. She served as secretary and treasurer and she carried an enormous workload for many projects undertaken during her time on the council.

Our members have fond memories of the fun we had with Joan in organising festivals, dances, This is Your Life shows and various fundraising events. Although her approach was always professional and efficient, this never got in the way of a laugh. Her sense of humour was one of the many reasons working with Joan was such a pleasure.

Joan was one of the people who played a huge role in the redevelopment of the community centre.

Joan continued her involvement with Carrigtwohill Community Council up to the present through her ongoing support for the Community Care group and her unfailing availability whenever there was a specific job to be done.

The cancellation of the 5Km race around Barryscourt following Joan's death was fitting. Joan was one of a small group of great people who work behind the scenes to make the organisation of this annual event appear seamless.

The juvenile GAA club was also a beneficiary of Joan's unbounding energy and enthusiasm. She was involved in the annual barbeque and other fundraising events and never refused to help out when asked. If kids needed to be transported to a match, Joan was at hand, no problem. If there was catering to be done for visiting teams, she was there for that too. When Joan bought lotto tickets, she would also take a few extra books to sell.

When the Church needed renovation, Joan was one of the first to offer her services to help with the fundraising. It is fair to say that she was a true friend to every priest who was in our parish during her adult life. Whatever project was to be undertaken or task to be done, they each knew that they could rely on Joan to help and what's more to do it with a smile.

Very few people enjoy fundraising. Joan did not relish it either but she understood the financial pressures on voluntary and sporting organisations and the important role they play in every community.

No matter how busy she was, whenever she was asked to help with any aspect of a voluntary organisation, Joan would never say no. She would do whatever she could and often that was more than most.

Joan's administrative skills were of great assistance to the local Credit Union where Joan was a volunteer for a number of years.

The Soccer Club and Basketball clubs among others benefitted from Joan's generosity and energy and her fundraising skills. Last year she was stuck in the middle of a car washing fundraiser to help the soccer club to raise funds for a trip to England for our young soccer players.

The importance of Joan's children to her was reflected in the key role she played in the Parents' Associations of both primary schools.

A fellow parent who worked with Joan on both committees said the organisations will be lost without Joan. She was described as being the heart of the parents' association and was a unifying figure whose gentle but focused ways meant she commanded the respect of all. If she was not in the middle of organising a project, she was always at the end of a phone to offer guidance and support. The book she helped to produce for the 50th Anniversary of the boy's school will stand as a reminder to us all of her commitment, her professionalism and her enthusiasm for life.

It is said that a person is measured not by how they died but by how they lived. Not by what they were given, but by what they gave. Joan gave to everyone. She gave to our community her kindness, her generosity, her energy, her enthusiasm, her wisdom and her hope.

Another one of Joan's wonderful qualities is that she never spoke ill of others. She wouldn't even consider it. Instead she focused her energies on helping others, on doing good, on achieving results, on being positive. We should learn from Joan's life and example.

(Continued on page 9)

(Continued from page 8)

Joan packed an enormous amount into her short life. Her passing leaves a void in this community that will be very hard to fill. The spontaneous response from the community to her death was to bring flowers to community centre in the heart of our village marking the central role she played in our community and the sense of loss shared by all.

Family was all important to Joan and despite the many demands on her time, they always came first. Following the loss last year of Joan's beloved father Paddy and her brother Richard, the Ahern family's strength and dignity was apparent to all.

The sudden loss of Joan so soon after was an extraordinary and undeserved blow to a family which has always played its part in our community.

To Joan's husband Donal, her children Billy, Jack and Hannah, her mother Lilly, her sisters, Mary, Carmel and Trish we extend our heartfelt sympathy. Joan was an extraordinary woman and our thoughts and prayers are with you as you come to terms with your loss.

We can never sufficiently thank Joan for all she did for Carrigtwohill. The fruits of her work are to be seen throughout our community and no doubt her spirit will live on and inspire others.

May God bless her beautiful soul and may she rest in peace.

Carrigtwohill Community Council

John Buckley An Appreciation

It was with great sadness and loss that we learned of the untimely death of John Buckley on the 13th of December, 2012. Whilst an extremely proud and loyal Middleton man, John was one of the founding members of the Castlevue Residents Association back in the early 1980's before going on to become an active member of the Community Council where he served as treasurer for 5 years and also in various other officer positions. Outside of his volunteerism John ran a successful business but still found time for various other activities such as singing, gardening and Gaelic games particularly hurling where he followed his beloved magpies and Cork.



We fondly remember John for his help, encouragement, assistance and drive throughout the 30 plus years he spent in Carrigtwohill.

He was a colleague, neighbour, friend and mentor to many.

On behalf of the whole community we again extend our deepest sympathies to Jenny, Vicki, Sean and family.

Cork County Council Anti Litter Challenge 2013 League Table



Community	Week 1	Week 2	Week 3	Total
Crosshaven	995.1	968.0	0	1964.0
Carrigtwohill	958.2	949.6	0	1907.8
Clonakilty	922.5	969.5	0	1892.0
Fermoy	967.5	915.6	0	1883.1
Bantry	881.4	934.2	0	1815.6
Carrigaline	917.5	887.2	0	1804.7
Mallow	970.7	912.8	0	1783.5
Ballincollig	881.5	887.2	0	1768.7
Middleton	880.9	880.4	0	1761.3
Cobh	877.4	817.3	0	1694.7
Buttevant	838.3	852.8	0	1694.1



Contact Tidy Towns Committee

John McCann, Chairman

Phone: 087-7749052

e-mail: jmc.prm@gmail.com

Eileen Stoap, Secretary

Phone: 086-8337684

Email: ebcstoap@gmail.com

Carrigtwohill and District Historical Society

The First Annual General Meeting of the Carrigtwohill and District Historical Society took place recently in the Community Centre.

The following officers were elected:

Chairman: Michael White.
Vice-Chairman: Ollie O'Connor.
Secretary: Ollie Sheehan.
PRO: John (Bishop) O'Mahony.
Treasurer: Michael Cummins.

Johnny Harte was elected Honorary President of the Society in recognition of his contribution to local history over many years. Johnny is a regular subscriber to 'Community News' on local history.

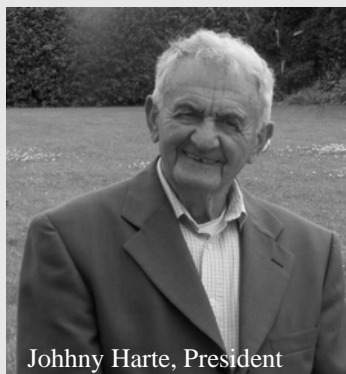
The objectives of the Society are broadly:

- To generate a greater awareness and appreciation of our historic area, especially among the local population.
- To preserve and protect all our remaining historical features
- To encourage research into and the recording of local history, archaeology, folk-life and folk-lore and preserve and protect local heritage, songs, stories, photographs etc.
- To actively promote the Carrigtwohill area as a significant tourist centre.
- To encourage and undertake the publication of books and periodic reviews and the collection and copying of archives.
- To build a local archive of documents (or photocopies of documents), illustrations and artefacts relating to the local history of Carrigtwohill and the surrounding area.
- To organise, historic lectures and talks by guests and members.

It is planned to hold the first public lecture in the Autumn. Full details will be advertised well in advance of this event.

Membership is open to individuals whose objectives are consistent with those of the Society and who pay the annual subscription of €20 for adults and €10 for students.

Anyone interested in applying for membership should contact Michael Cummins at 086-2618034 or any officer.



Johnny Harte, President



St. Mary's Parish Church

"Let everything that lives and that breathes give praise to the Lord"

"What a lovely day thank God." I'm sure most of us have heard this comment many times during the recent fine weather. Apart from saying long may it last my reaction is to say thank God I am able to get up, get out and enjoy the sunshine and spare a thought and a prayer for anybody unable to enjoy it.

Just as the sun shines on all of us the love of God radiates on all of us without distinction. It is pure unearned gift. Nothing we do could ever deserve it. It is up to each one of us to go out into the sun properly prepared or to stay inside just as we decide whether we go into the presence of God or stay away. The bright light of the sun has shown me many cobwebs and areas in need of dusting throughout the house to which I have duly attended with duster and elbow grease. I am sure if we allow the bright light of God's love enter our lives it too would show up areas in need of repentance and confession, e.g. abuse of the Lord's name, gossip, pride etc.

On many of the headstones in the old cemetery you will see a carved sunburst. This symbolises the resurrection and perpetual light.

All of God's creation praises Him in its own unique way, often unknown to us. If we damage any of God's creation then we prevent the full praise of God our loving creator.

Fr. Gabriel Burke is gone on a six month sabbatical study leave. He will be back for Christmas. In his absence the assistance of Monsignor Reidy and Fr. O'Donovan, both retired, is truly appreciated.

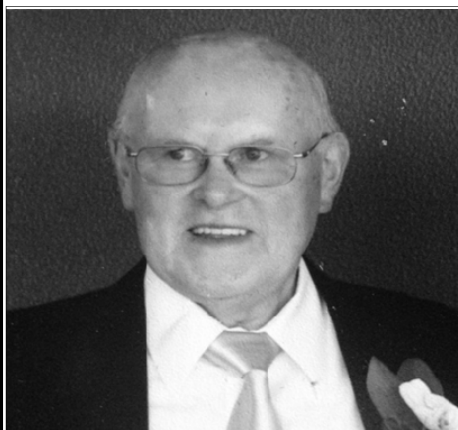
Starting in September Eucharistic Ministers will take Holy Communion to the sick and housebound after 10.30 Mass each Sunday. I will still call to all on the First Thursday and First Friday. If you or somebody known to you who is unable to attend Sunday Mass would like to have Holy Communion brought to you on Sundays and First Fridays please contact Fr. Anthony.

In the absence of Fr. Burke, there can be only one Station Mass any night. Stations are held during September and October. Anybody who would like to host a Station Mass please contact Fr. Anthony as soon as possible to arrange a suitable night. A Station Mass is a lovely occasion twice a year for family and neighbours to gather in a house, on a rota basis, for the celebration of Confession and Mass, to chat with neighbours, meet new people over light refreshments as well as an occasion to contribute to the support of your priests.

Meanwhile enjoy the sunshine and holidays and keep Carrigtwohill litter free. Praise the Lord.

Fr. Anthony O'Brien

Charlie O'Sullivan 1933-2013



Charlie O'Sullivan was born in 1933, into a family of seven children, in a small farm in Kilcorney in North West Cork.

Much of his early life was spent living in Kilcorney. After finishing national school he worked on the farm. In the mid 1950s Charlie met Anna whom he married just over 50 years ago.

They set up home back on the family farm in Kilcorney and moved to Millstreet in the mid-60s.

During this time in Millstreet he became Chairman of the Millstreet GAA club, coinciding with a time of great success with both the Millstreet senior football team as well as the Cork team.

During his time in Millstreet he worked with several different agricultural based companies before eventually setting up his own business Preference Products in the mid 80s based in Little Island.

The family moved to Carrigtwohill in 1976 and Charlie became very involved in the community especially the GAA and was one of the founding member of the Carrigtwohill juvenile GAA club in the late 70s which is a platform for the success that the club enjoys today. While Charlie and family moved to East Cork he never forgot his roots in Kilcorney and remained very involved in community affairs there.

Charlie was a member of the community council in Carrigtwohill and also a member of the pastoral council during which time was involved in setting up the baptismal group.

He too reached out to many through his work with St. V de Paul Society.

Charlie and Anna retired in 1998 and they enjoyed 15 years of retirement until his sad passing in March.

He is survived by his wife Anna, his sister Chrissie, brother John Joe in Boston, 8 children and grandchildren. Ar dheis dé go raibh a anam dilis.

Charlie is probably best summed up in a text message received from a member of the community on Charlie's passing.

"What a great world it would be if there were people like him around. He was one of the finest, kindest and most generous gentlemen I ever had the privilege of knowing. I know this is a very sad time for you and your family; however you must also be very proud to have a father like Charlie."



Loyal GAA Supporters

Acknowledgement John Sean Geraghty Carrigtwohill and late of Glanmire Died 27th October 2012

His wife Eleanor and son Greg and extended families wish to convey our sincere thanks to all those who sympathised with us on our recent loss, those who attended the Rosary, Removal, Funeral Mass and Burial.

We thank all those who sent Mass Cards, letters of sympathy, enrolments and floral tributes.

Our thanks to Fr. Anthony O'Brien for celebrating a beautiful Mass for John, to the organist and singer for the lovely music and singing, to the stewards who took care of the parking.

Our thanks also to our kind neighbours and friends, to Riverstown Harriers Footbeagle Club, those who travelled far to be with us and to O'Connor's Funeral Service, Glanmire.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere appreciation.

The Holy Sacrifice of the Mass has been offered for your intentions in gratitude and appreciation.

May he rest in peace



Ger Foley

Planting an ash tree on the occasion of his retirement from St. Mary's Boys National School in Carrigtwohill

East Cork Glenmary Basketball Club

Another season has passed by and preparations for a new season are about to begin, however we will take a look back on last season and see how the season finished for both teams.

Men

While the men would normally be winding down their season at the end of February, for scheduling reasons they still had a number of games remaining.

The men had been flirting precariously with relegation for a lot of the season and has five games remaining in the season to secure their status.

They had a difficult run in with 4 of the 5 teams in top half of the table and 3 of the 5 away from home.

The first of these games was a thriller when they met **Blue Demons A** in Glenmary Hall, the men started the first quarter strongly with John Hartnett and the Lomasney brothers prominent and they led by 20 points to 14 points.

In the second quarter the scoring slowed but some outstanding rebounding and points from Rory Quinlan gave them 33 points to 31 points lead. Blue Demons A came flying back in the third quarter, however after a timeout and some resolute defensive work East Cork Glenmary trailed by a point.

The final quarter was extremely exciting with both teams going up and down the court and taking basket for basket.

Nothing would separate them at the end of regulation time as the game ended 67 points each.

In overtime John Hartnett came into his own scoring 10 of the 12 points Glenmary scored as they won on a score line of 78-71.

The men then went on the road for their final two away games; in the first they met **Cork Celts**. With a strong squad available this allowed coach Noel Ryan to rotate all his players and they ran out 58 points to 49 points winners.



The opposite could be said of their game against **Ballincollig**, with a weakened side due to injuries and work commitments and Glenmary got soundly beaten.

The men went into their next game against **Fr. Matthews** with a few of the absent players back and they started well with Mike Waldvogel, Clive Horgan and Rory Quinlan figuring prominently.

Unfortunately the Jekyll and Hyde nature of their season surfaced again briefly and they fell away in the final quarter losing on a score line of 51 points to 70 points.

In their final home game of the season the men met **Blue Demons B** probably the most skilful team they would have met that season and whatever the sight of blue bring out in them it turned out to be another magnificent game.

Kevin Lomasney, John Hartnett and Mike Waldvogel picked up from where they left off in the last game and were in complete control of the game throughout.

That was until the final quarter when Demons B were coming back strongly which was followed by a ludicrous refereeing decision which saw Stephen Ryan being ejected from the game.

A rejig of the side saw Court Richards come into the game with his strong defence and two fine free throws under pressure from Clive Horgan saw East Cork Glenmary win on a score line of 63 points to 60 points.

The men went into their final game of the season with nothing to play for as their three previous wins had pushed them safely into mid table. Despite this it turned out to be a great game of basketball against **Neptune** with teams going tit for tat.

Coach Noel Ryan allowed two of his newer recruits Aidan Coughlan and Andrew Walsh time to impress and despite two magnificent three point plays from Brian Ginn they lost out on a score line of 73 points to 64 points.



Ladies

The majority of the remaining games for the ladies were in the championship both senior and premier.

They first met **Glanmire Premier** in the premier championship; this Glanmire team would be the feeder team for their national league squad and would have had members of Glanmire's victorious Under 18 national cup winning squad. The ladies put together one of their best performances of the season with some fantastic points scoring from Louise Lane and Maria White all the way through the game. The fourth quarter saw some of the best defensive play ever seen by this team with Aoife Bourke leading the charge and they held Glanmire to just 7 points in the last quarter and they advanced to the semi-final on a score line of 49 points to 42 points. They were then due to follow up with a game against **Donoughmore** as they did not turn up on the night allowing Glenmary to challenge for the senior league.

Into March and the Ladies Senior semi-final were next on the agenda where they met **Skibbereen** in the neutral Parochial Hall. Another strong defensive performance was given by the ladies but on this night their offensive play really clicked particularly when put under pressure from Skibbereen's man to man defence. Maria White and Lyndsey Horgan were to fore in the scoring stakes and Glenmary never trailed winning on a score line of 58 points to 50 points and they advanced to the finals to meet Ballincollig in Neptune stadium.

The following week came the premier semi-final against the powerhouses of the premier league **Mallow**, unfortunately their efforts on the night were in vain as the weakened team and with Mallow having the smarter players on the night and lost heavily on a score-line of 76 points to 46 points.

Eventually the big day arrived for East Cork Glenmary and they met **Ballincollig** in the senior final at Neptune stadium. Having learned from the previous finals that they were in two years ago, Glenmary began brightly with Aoife Bourke and Maria White sharing the scoring burden and the ladies led on a score line of 13 points to 10 points. The second quarter was very defensive and this was a sign of what was to come from Glenmary as a stalemate occurred with very little points as both teams scored six and four points respectively. As mentioned before the ladies put in one of their defensive performances against Glanmire premier, they topped that in the third quarter of this game. In what was a whole team effort but particularly Joanne Naughton and Lyndsey Horgan they limited Ballincollig to one point and lead 29 points to 17 points.

With the lead they had this allowed coach Kevin Ginn to rotate players in and out for a rest but when the pressure came on the assuredness of Louise Lane amongst others brought then through and they won on a score line of 38 points to 30 points.

Maria White with a game high of 24 points had the honour of



winning the Most Valuable Player Award for the final.

Six days later and after a long hard season the ladies finished their season against **Glanmire Senior** in the league. In the first quarter they seemed to still have some of a cup final hangover, but following strong words at the end of the quarter Glenmary came out firing with great work coming from Jamie Reddy, Marion Clifford- Cronin and Lyndsey Horgan and pulled them back into game leading by 4 points at the end of the third quarter.

With final points coming from Louise Lane the ladies wrapped a fine season with a senior championship cup, a second place in the league and a semi-final and fifth place in the premier competitions.

The club held its award night in Guilders Bar in late May with the Men's most valuable player award going to Stephen Ryan; most improved player went to Rory Quinlan.

On the ladies side Maria White doubled on her final award by winning the ladies most valuable player award and Marion Clifford- Cronin winning the most improved player.

On the bank holiday weekend in June the ladies team had the honour of being named Carrigtwohill Sport Star of the month award sponsored by Spratt's Bar for April. Maria White and Marion Clifford Cronin along with coaches Kevin Ginn and Brian Ginn were on hand to collect the award.

The club will be returning to training this August with an open session on Monday nights and men's and ladies training on Wednesday at 7pm and 8.15pm respectively.

Please feel free to contact us if you're interested by calling to hall or on our Facebook page East Cork Glenmary Basketball Club.

Finally the club would like to offer our sincerest condolences to the Scully and Ahern families on the recent passing of Joan Scully who was a player and a brilliant administrator for the club in her time as an officer of the club.



Carrigtwohill GAA Club

Pairc Seamus de Barra

www.carrigtwohillgaa.com



Brilliant Summer for Carrig's Junior Hurlers

Carrigtwohill's Junior Hurlers have reached the semi final of the East Cork championship after a brilliant campaign. It is the first time since 1983 that the club's second team has progressed this far in the championship and they have done so with a terrifically spirited group of players, superbly managed by Niall Barrett, Marty McConville, JJ Barry, Jimmy McCarthy and Damien O'Donovan.

Carrig's campaign started with a great performance against the reigning champions Carrignavar, only giving second best in extra time after a storming second half performance. The momentum from that display was carried into a one point victory over Bride Rovers when Carrig came from behind in the closing stages.

They were emphatic winners over Cloyne in round three before beating Dungourney by two points in a thunderous quarter final.

Trailing by four points early on Carrig came back to lead by three at the break, 3-7 to 1-10, with two goals by Jamie McCarthy and another by Liam Barry.

Playing against the breeze in the second half Carrig kicked on and stretched six points clear at one stage before Dungourney fought back gamely. However, with Shane Devlin superb in goal and Waterford senior star Shane Fives dominating at centre back Carrig held out in a hectic finish.

Carrigtwohill GAA Lotto Celebrates 20th Anniversary

The Carrigtwohill GAA Lotto recently celebrated its 20th anniversary. Since the first draw was made in April 1993 the weekly Lotto has been an indispensable source of funding for the club. Run by an incredibly loyal and enthusiastic committee the Lotto is an integral part of club life and their presence in the club rooms every Monday night - for 51 weeks of the year - is a point of social interaction for club members as much as anything else. *

A number of people who are still active in the Lotto committee were there at the beginning, among them Dan Scannell, Sean Lordan, Jack Walsh and James Roche. The current committee is headed by our long serving treasurer Paddy Vaughan, ably assisted by Dave O'Flynn, Neilus Kidney, Jimmy O'Rourke, Paddy Courtney, Charlie Walsh and Kieran Horgan. Others such as John O'Mahony, Peter Hogan, Patsy Spillane, Jimmy Morrissey and Fr Frank O'Neill made a significant contribution over the years. *

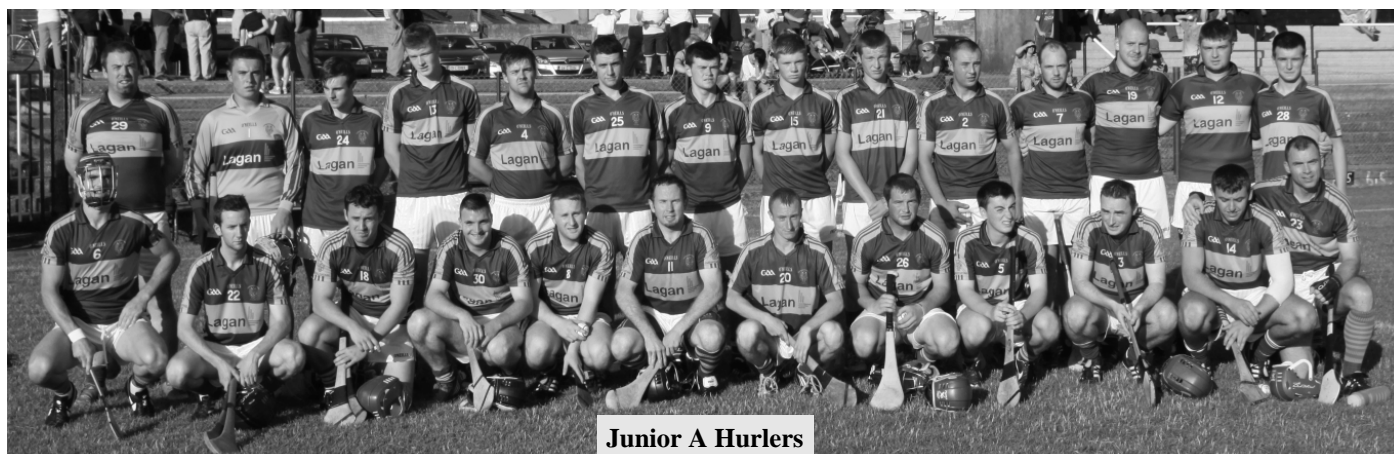
We thank you for your generous support of the Lotto over the last 20 years and we look forward to your continued support.



The Lotto Committee

Standing L to R: Neilus Kidney, Paddy Vaughan, James Roche, Jimmy O'Rourke, Dan Scannell

Seated: Sean Lordan, Jack Walsh, Paddy Courtney, Dave O'Flynn



Junior A Hurlers



Group pictured at the retirement of Ger Foley and Noel Ryan

Denis O'Mahony, Ted Carroll, Matty Fouhy, Jimmy O'Reilly, Peter Hogan, Pat Horgan, Denis Walsh, Niall McCarthy, Ger Foley, Niall Barrett, Anne Marie Moylan, Ollie O'Connor, Noel Ryan, Meryvn O'Connor, Maeve Horgan, Kieran Brennan, Michael Aherne, John O'Mahony

Ger Foley Retirement

Many tributes were paid to retiring Boys school teacher , Mr. Ger Foley , as the 2013/14 school year reached its end in June.

Carrigtwohill GAA club were delighted to mark the occasion with their own tribute and a special presentation was made in late June, as the pictures attached display.

Ger had a special relationship with Carrigtwohill GAA club and was elated when picked out for special mention after Carrig's historic County Championship win in 2011. He was to the fore when the team visited the boys school en – masse during the celebrations. It was remarked that everyone on the team (and some of the mentors) had begun their hurling careers playing Sciath na Scoil under the tutelage of Mr. Foley ,with one exception – Colm O'Connell from Killa-vullen . It was clear that our heroes had huge appreciation for the start they got in hurling from Ger.

The Sciath Na Scoil competitions have been an invaluable grounding for our young players for more than 20 years and for all of that time Ger has been the driving force behind it. His passion for the GAA and his talent for teaching were a gift to generations of Carrigtwohill boys and for Carrigtwohill GAA it was the gift that kept giving.

Ger continued to coach and manage the young hurlers of Carrigtwohill and its hinterland up to within days of his career end. His last match was a final in Pairc Ui Rinn against Midleton. Carrig were second best on the day but as he left the field he was accorded a guard of honour by a huge crowd of past pupils, current players and club supporters, all of whom appreciated what Ger had brought to our village and our club. It was a hugely fitting tribute.

We'll leave the last word to Ger . "My home will be in Killeagh," he said, "but my heart will always be in Carrig."



Carrigtwohill Senior Hurlers

Carrig's seniors hurlers came through the first round of the championship for the fourth year in a row with a three point victory over Bride Rovers, setting up a fourth round meeting with last year's county finalists Bishopstown.

With Niall McCarthy and Waterford player Shane Fives unable to start because of injury and Noel Furlong and Pat O'Sullivan picking up injuries during the game Carrig had to overcome a lot adversity on the night.

Carrig had an eight point lead at half time but Bride Rovers cut the deficit to a couple of points in the final quarter and Carrig needed all their experience to get over the line, 0-19 to 1-13.

Carrig continued their League campaign in mid-summer with a home win over St Finbarr's and a draw against Blackrock in Church Road.

In the build-up to the next round of the championship they have also played a series of challenge games against clubs from Limerick, Tipperary and Wexford



Paddy Vaughan being presented with the Clubman of the year trophy by Denis Walsh, Club Chairman.

Pictured L to R: Michael Aherne, Ted Carroll, Jimmy O'Reilly, Denis Walsh, Paddy Vaughan, Peter Hogan, Denis O'Mahony

Paddy Vaughan - Clubman of the Year

Congratulations to Paddy Vaughan who was named Carrigtwohill GAA clubman of the year for 2012.

Paddy has been an outstanding club treasurer for the last eight years but his all-round contribution to the club extends far beyond that role and makes him a most deserving recipient of the award.

Paddy has made a huge contribution to the maintenance and improvement of our club grounds and is always on hand to do jobs, no matter how big or how small. He is a central figure in the club's hugely successful lotto, giving his time every Monday night, 51 weeks of the year, and whenever the club undertakes other fundraising activities he is heavily involved.

The club's poc fáda competition every Christmas is another of Paddy's projects and like everything he does he takes great care to make sure it's a success. To Paddy we say a sincere thank you and many congratulations.

Carrigtwohill's Minor Hurlers

Carrig's minor hurlers won the Non-Exam League for the second year in a row with a brilliant win over Mallow, who are a Premier One team in the championship.

Carrig came from five points down to win by two points in the end after a hectic second half. Darren O'Driscoll caused havoc around the square when he was moved to full forward and his goals inspired Carrig's comeback.

Darren's goals have also been a feature of Carrig's run to the semi final of the Premier Two championship.

Having lost to Newtownshandrum in the first round Carrig beat Inniscarra by four goals in Pairc Ui Rinn and followed that up with 4-18 to 0-11 victory over Charleville.

Carrig will play Newcestown in the next round.





Carrigtwohill U-23 Hurlers - County Finalists

Carrig's U-13 hurlers lost by a goal to Bishopstown in the county after a brilliant campaign. They played with great heart in the final and were desperately unlucky to lose.



Left: Some of the U-9's who played an exhibition game at half time in senior hurling league game against St. Finbarr's

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Carrigtwohill Community Games



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Art Competition:

Carrigtwohill children did us proud at the County Final of the Art Competition winning a total of 9 County Medals. 4 Gold, 4 Silver and 1 Bronze.

Following on from a terrific entry at the local art competition, those who qualified (1st & 2nd place) went on to represent us at the County Final, which was held in Scoil Chlochair Mhuire, Carrigtwohill on Saturday 9th March. All areas from within the county were represented from Bantry, Enniskeneane, Newmarket, Doneraile to name just a few.

Gold:

U8 Aoife Ahern. U10 Úna O'Brien, U12 Kevin Liu, U14 Alan Warren

Silver:

U8 Alannah Rose O'Connell, U10 Oisín Lynch, U12 Lydia Imasogie, U14 Susan Higgins,

Bronze:

Kate Bourke

Carrigtwohill participants on the day were as follows: -

Girls

U8 Aoife Ahern & Alannah Rose O'Connell.

U10 Úna O'Brien.

U12 Justyna Leonwk & Lydia Imasogie.

U14 Susan Higgins & Kate Bourke.

Boys

U8 Charlie McCarthy.

U10 Daniel Imasogie & Oisín Lynch.

U12 Kevin Liu & Darragh Cullinane.

U14 Aaron Hutchinson & Alan Warren.

The Gold Medal winners went forward to represent Cork at the National Finals in Athlone in May. Here they all performed very well and all had a lovely weekend.



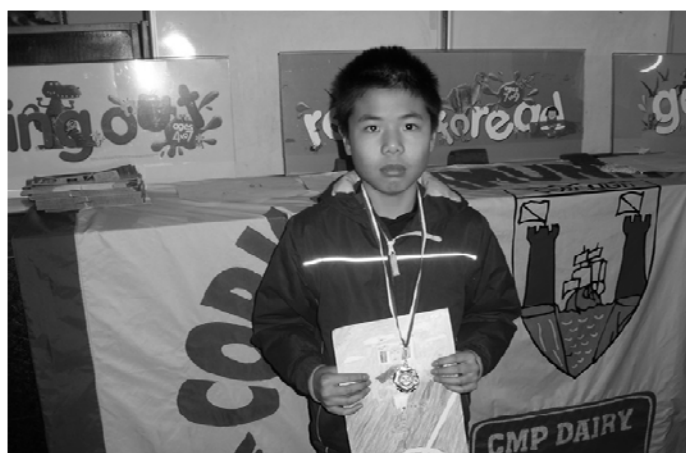
U8 Gold Medal Winner –Aoife Ahern



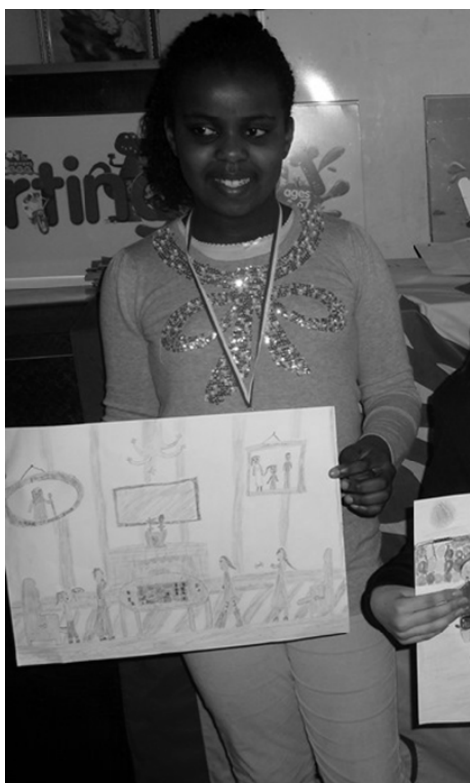
U10 Gold Medal Winner – Úna O'Brien



U14 Gold Medal Winner – Alan Warren



U12 Gold Medal Winner – Kevin Liu



U12 Silver Medal Winner Lydia Imasogie



U14 Silver Medal Winner Susan Higgins

Swimming

Our swimmers also brought home the gold from the County Finals which were held on Saturday 2nd April.

Both swimming at U10 this year, Heather Fane claimed the Gold Medal at U10 Backstroke and her brother Ewan Fane claimed the Gold Medal in the Boys U10 Backstroke. What an achievement!

Both Heather & Ewan went on to represent Cork at the National Finals in Athlone where they both qualified in their respective heats. Well done to all.



U10 Swimming Heather Fane

U10 Swimming Heather Fane



U10 Silver Medal Winner Oisín Lynch



U14 Bronze Medal Winner Kate Bourke

Athletics

The County finals took place on Sunday 19th May at CIT Track.

Our sole competitor was Caoimhe Carey in the U12 Ball Throw. Caoimhe was brilliant on the day and was awarded a Silver Medal for her great efforts.



U-12 Ball Throw - Silver Medal Caoimhe Carey

Continued on page 22

Rounders & Skittles:

The County Finals took place on Friday 7th June in Carrigtwohill. Our U14 Skittles Team were pitted against Enniskeane this was a great game where the children had lots of fun. When the final scores were totted, Enniskeane emerged as winners and went on to represent Cork at the Munster Finals where they came through as Silver Medal winners:

Our U14 Skittles Panel were: Susan Higgins, Lisa O'Hanlon, Sarah O'Flynn, Kate Bourke, Katie Ryan & Ailish O'Donovan.



Carrigtwohill Girls U13 Rounders Team – Medal Winners at Munster 2013

Left to Right: Aoife Murphy, Grace Cotter, Louise Horgan, Clementine Kamekpo, Chloe Cashman, Úna Murphy, Charlene Kamekpo, Rebekah Cashman, Lorraine Keegan, Magda Kijanka, Ola Kwidzinska, Aoife Dalton.

U13 Rounders Team

The age groups for rounders unfortunately were changed this year and our brilliant team from 2012 were very disappointed to learn that there was no competition in 2013 for U15 Rounders. None-the-less, we finally (when it stopped raining) got an U13 rounders team together and prepared for the County Finals. Again, this year we had very little opposition at the County finals and our team went on to represent Cork at the Munster Finals.

Munster Finals

This year there was a change of date and venue for the Munster Finals of all team games. They took place in Tralee on Saturday 29th June. It was an early start for all concerned. Even at this early hour the girls were already enjoying themselves and were quite relaxed. To be heading for the Munster finals was an achievement in itself.

The weather conditions on the day were varied and both rain gear and sun cream were packed for the journey. We had all been praying that it would be dry on the

day, and yes our prayers were answered. The team and their coaches arrived at the Sports Grounds in the Institute of Technology in Tralee well in advance of their game at 11am.

By this time the grounds were, buzzing as the many teams assembled for their respective activity, from tag rugby, soccer, hurling, football, badminton, Olympic handball, Throw Ball and Spike Ball just to name a few; and of course Rounders

Our U13 Rounders team were pitted against St. Senans of Limerick in the first semi-final. This was a terrific games with the teams evenly matched and could have gone either way.

There were only a few points between the teams at the final whistle with Limerick taking the Gold Medals.

The girls were gracious in defeat and wished Limerick all the best at the National finals. Well done to team and their coaches, Chris Foley, Carmel Bourke and Eddie Murphy.

All availed of a quick snack and then it was off to the Aqua Dome where they all had a “Whale” of a time and worked up a good appetite for the burgers and chips that followed.

Then it was homeward bound and all arrived safely well pleased with the day.

Well done to all and thank you to Carmel Bourke and Eddie Murphy & Chris Foley for all their time and effort in getting the team to the Munster Finals.

If you have an interest in competing in any Community Games activity next year and are aged U8 to U16 and you live in the parish, you can contact any of the under mentioned for more details: -

Chairman:	Jimmy O'Reilly	4883487
Vice Chairman:	Eddie Murphy	
Secretary:	Catherine Ryan	4883472
Assistant Secretary:	Carmel Bourke	
Treasurer:	Anna Fitzgerald	4883484
Assistant Treasurer:	Margaret Higgins	
Youth Officer:	Lisa Fitzgibbon	



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Carrigtwohill Community News Distribution

This Newsletter is distributed free by volunteers to all homes and businesses in the community.

If you did not get a copy delivered to your home or business, please let us know by telephoning

Annette at the Community Centre (mornings) on 021-4882265

or Dave on 087-6290574 (anytime)

email carrignews@eircom.net.

We are always looking for new volunteers to ease the load on our existing voluntary distributors.

If you can help, please make contact on the numbers above.

Carrigtwohill Community Centre

Car Boot Sales

September 1st

September 29th

October 27th

Sincere thanks to those who help out, in running these events. This is all on a voluntary basis and we would encourage anyone out there who might like to give a couple of hours of their free time to help out just once every second month. It is also a great way of getting involved in your community especially if you are new to the area.

If interested in helping out, please contact Margaret Long, Chairperson of Car Boot Sales on 086-3030196.

Annette Lane who is the Manager at the Community Centre can also be contacted on 021-4882265.



National Heritage Week at

Barrys Court Castle

Talk: "The Apple in Ireland"

Sunday 25th August

from 14:30 to 15:00

A Talk by Barryscourt Castle guide Robin Turnbull: 'The Apple in Ireland, its history and varieties from the 16th century onwards'.

This event will hopefully take place in the Orchard but may be moved into the Castle weather depending.

Not suitable for children - No wheelchair access
Parking is available

Contact:

Shirley Loughed – email charlesfort@opw.ie
or phone 021 488 2218

Website: <http://www.heritageireland.ie>



Carrigtwohill History

Compiled by John Harte

In the 16th century the Newtons were attendants of Lord Barry at Barryscourt. In May 1582 John Fitznicholas, Newton took up arms in the Desmond rising and was slain at Tibbotstown on the 20th of August of that year.

On this account, all his lands held under land lordship for Barry were seized by the British Crown and all his property was granted to Edmond Fisher. It included a castle called Castle Gean, in Irish "Caislean Zearr" meaning a small castle.

His land and castle were called Cloughnewton or Newton Castle.

Seized also was his watermill in the enclosure at Battyslodge, all Ballintubber, Longstown, Gortagousta and other small lots of land around Carrigtwohill. History informs us that years later after the Reformation the Newtons regained possession of the greater part of these lands and property.

In the years following 1620 when Richard Boyle, Earl of Cork and father in law of David Barry, the Boyles bought Barryscourt Castle, all the Terrys Boy lands and Newton lands. He takes notice in his will that in order to prevent other great men from going to purchase a part of Carrigtwohill, which might prove troublesome to his daughter and son in law the Earl of Barryscourt, and to take his manor and town entirely, he bought these several lands.

Richard Newton and his son Richard Oge Newton, had mortgaged their water mill and kilns (which was used for drying wheat and in the making of flour) to George Waters of Cork and O'Connell and got the deeds and possession. The Newtons made out a deed by which their possession at Barryslodge and other lands around Carrigtwohill would pass to Boyle when Richard Newton the elder would die. Nothing more is heard of the Newtons after this.

History again recalls that Patrick Barry an extended member of the Barryscourt

Barry family, received the corn driers and flour mill plus twelve acres of land from Boyle now known to the old folk of Carrigtwohill as Barryslodge.

Further to this information is noted that Patrick Barry built and resided at Rockville House on the Station Road. When this mill was operating under this branch of the Barry's, many lighters or cargo carrying sailing boats called at Slatty Quay even to bring manure by sea from Cork.

The flour from Barryslodge Mills was also shipped to the city.

While the mill at Barryslodge was operating much smuggling was carried out by the Barrys and on at least one occasion the Excise made a capture.

Illegally made whiskey called Poitin was distilled in the mills and there is a tale that on one occasion as police raided for it, it was let go in the mill sheaw.

One of those Barry's Richard Barry was married to Miss Galway of Lota near Cork. In their marriage settlement dated April the 12th 1819, Richard put into settlement the lands at Fontarabia in Tullagreine.

There is a place in Spain called Fontarabia. Barry may have been there and put this name on these lands.

Fontarabia is known in Carrigtwohill for over two hundred years. Gone are the days when the Barryslodge crows made wing to their rocky wood.

No daffodil the native plant of Ireland, now covers the lawn, no more will bloom the drooping willow tree, that charming retreat for the house sparrow and the shy red robin.

And today not even the ruins of Barryslodge Manor and mill are to be seen. What was in its day a hive of industry is today only remembered in the pages of history.



Interested in helping with a Community Youth Initiative?

What?

Carrigtwohill Community Council Limited is currently looking for adult volunteers to help supervise Friday Night Youth Activities held at the All Weather Pitch in Carrigtwohill. The youths involved range in age from 12 to 16 years.

When?

Your role will include supervising / refereeing sports games including soccer and Olympic handball for one hour on Friday evenings.

Do I need experience?

There is no experience required to help out and this would be an ideal opportunity for those with an interest in community development and youth sports to gain some valuable real life experience. It also creates an ideal opportunity for interested parents to encourage their children to be more physically active.

Do I need to be Garda Vetted?

Yes. Adult volunteers involved with children will be required to be Garda Vetted. This is a legal requirement for adults working with children under 18 years of age. The process requires completion of a simple application form and at the moment it is taking up to 13 weeks for applications to be processed. Accordingly it would be most helpful if you would let me know as soon as you can if you would like to help and I will arrange for the Garda Vetting process to commence on your behalf.

How do I sign up?

If interested please call Colin on 087-9867596 or email allweather@carrigtwohillcommunity.ie.

First Holy Communions 2013



The Cork Acro Gymnastics Club

The Cork Acro Gymnastics Club had a very successful year since opening its doors in our new home in Carrigtwohill last September.

The club caters for boys and girls from 3 years upwards, from recreational level to international level.

We have had a very busy year, we held a number of club displays in December, followed by an invitational competition in March where we hosted teams from Galway, Sligo and Mallow. Our club won the Senior team competition at this event. We then travelled to Salthill in May for the National Acrobatics Championships where our Grade 2 trio of Ciara Shortiss, Andrea McGrath and Emily Leggett won silver, and our Senior trio Michelle Sheehan, Monica Wickliffe and Deanna Browne won gold.

Club member and coach Graham Coleman won the overall Mens Senior Tumbling Championships in Limerick in May.

9 members of our club travelled to Granada Spain on the June weekend, with coaches Neil and Clare to compete in an International Acrobatics Competition. They brought home a total of 18 medals, 9 bronze and 9 silver.

The girls trained 5 days per week coming up to this event, and all their hard work paid off. Our Granada team was made up of Jennifer Jones, Fiadh Little, Laura Cambridge, Ciara Shortiss, Andrea McGrath, Emily Leggett, Michelle Sheehan, Monica Wickliffe and Deanna Browne.

In May all our members took part in our end of term club competition and we were very proud of all their achievements.

During the past few weeks we had our summer camps and our Saturday morning play gym sessions which proved very popular.

We are working hard to cater for the demand for classes for September. We have large waiting lists for places in each class and we hope to extend our hours for the new term.

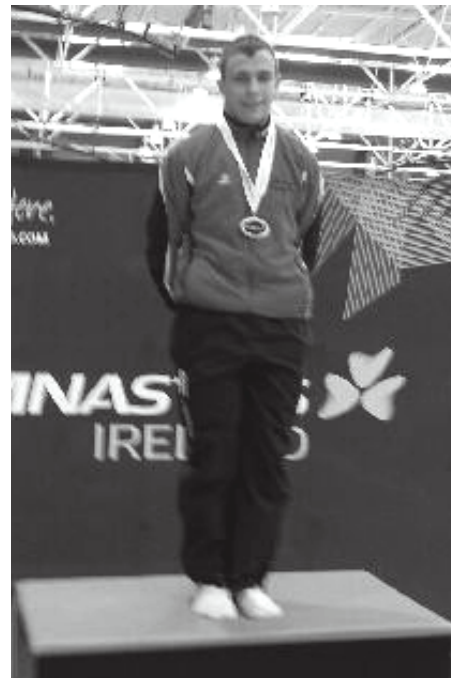
Congratulations to all our club members for the hard work that they have put in this year. We are proud of all your achievements both big and small.



Ciara, Andrea and Emily with their silver medals



Michelle, Monica and Deanna
National Gold medal winners



Graham with his men's senior tumbler
national championship medal.



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Margaret Searson, Chairperson, Carrigtwohill Community Council checking the ballot boxes before the count in the community council elections earlier this year.

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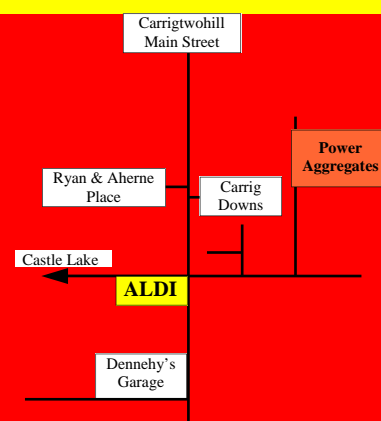
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Kids

Kids



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AL STREET FESTIVAL

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o 6pm



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Parents



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Children Free
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Live music and
Irish dancing
Street Music by Hell for
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Wed.	12.30 - 2.30.pm	Wed. 5.30 - 10.30.pm
Thur.	12.30 - 2.30.pm	Thur. 5.30 - 10.30.pm
Fri.	12.30 - 2.30.pm	Fri. 5.30 - 10.30.pm
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Martha Crowley with her sporting grandchildren

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ALL WEATHER PITCH CARRIGTWOHILL**

Carrigtwohill Community Walkers



**Meets Tuesdays and Thursdays
at the All Weather Facility**

9.15am – 10.15am

There is no charge or fees required to participate on the walks

For further details contact:

**Colin Santry
Carrigtwohill Community Council Limited
087-9867596**

**allweather@carrigtwohillcommunity.ie
www.facebook.com/carrigtwohillawf**

Carrigtwohill Businesses 6-a-side Soccer Tournament



Saturday 31 August 2013

**Closing date for entries
28th August 2013**

**For further details contact:
Carrigtwohill Community Council Limited
087-9867596**

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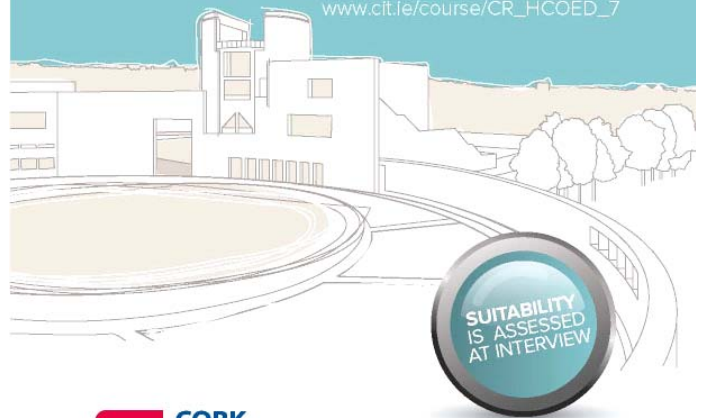
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Anne Deasy: 021 – 433 5930

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carrignews@eircom.net
087-6290574**

Advertising

**Annette Lane
086-3225229/021-4882265
or
Margaret Searson**



Castleview Residents Association

*Castleview Residents Association Newsletter
July 2013*

Barbeque

The residents association held their now annual barbeque on the Castle Avenue Green on Saturday the 20th of July. Music on the night was provided by DJ John and the food was provided by Willie O' Brien Butcher s and Nutmeg Café. A great night was had by all.

Subscriptions

A big thank you to all who have paid their subscriptions, be it the first instalment or the 1st instalment. For anybody who has not paid the subscription and missed any of the committee members who called, please feel free to contact any of them. We hope to collect the second instalment in October.

Estate Road

The residents association for the Community Involvement Scheme with Cork County Council has been approved. The approved works will involve localised road repairs, the laying of a wearing course and drainage kerbing over the poor sections. We are currently liaising with the Area Engineer before the finalised proposals are brought to the residents.

Estate Clean Up

We held two clean up in May and June. A group of residents helped clean the entrance, the back of the Eircom building and the kerbings in the estate. A number of people have also helped with the painting the walls and fences on the greens. In recent weeks we have cleared some the grass cuttings and rubbish at the end of Castle Close green, we have re-erected the safety fencing at the bottom of the green and hope to have the ground disturbed by the digger re-seeded in the coming months. We would ask residents to keep this area clean and refrain from littering and dumping.

Tidy Towns

The village is again entered in the Muintir na Tire "Pride in the Community" Award, Cork County Council "Litter Challenge" and the Super Valu Tidy Town Awards; we would ask all residents to make a special effort to keep the estate clean over the summer months.

Finally

- The judging for the garden competition will begin in the coming weeks
- A number of residents have raised concerns over the dog fouling on the footpaths. We would ask those responsible for their dogs to pick up their droppings.
- We would also ask residents to watch their speed when driving through the estate.

GROW Support Group

**Meetings weekly
on Thursdays
at 7.30pm**

**in the
Resource Centre**

**Information from
086-7702807**

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086-3106741 021-4883949
Terrysland, Carrigtwohill**

The Tidy Towns committee held a public meeting on Tues 19th March, 2013.

This was attended by a large number of local residents and business people. The purpose of the meeting was to provide an updated account of all the activities undertaken in 2012 and to highlight the proposals for 2013.

The Chairperson of Tidy Towns, John McCann and Treasurer, Ollie Sheehan presented a report on the achievements of Year 1 with photographs showing projects both before and after completion. Plans for 2013 were circulated and there was much congratulations for all the hard work and dedication of the team of volunteers.

Local Representatives, Dep. Michelle Hennessy, Dep. Sandra McLennon and Councillor Noel Collins attended and they were invited to address the meeting. They all spoke very highly of the wonderful community spirit in Carrigwohill and the very visible difference which the work of Tidy Towns has made; they also offered to assist wherever possible. They reported that it is in the Cork County Council Plans to undertake some repairs to the road and footpaths on the Main Street in the summer of 2013 and this work should go a long way towards improving the appearance of the village. This will also hopefully encourage new companies and businesses to operate in and invest in the village, and help offset the impact of the closure of a number of businesses.

Following the Public Meeting work on the ground began in earnest and the following is an outline of the main activities.

Business Association

The Committee works hand in hand with the Business Association and their nominee on the Committee is Mr. Conor McCarthy.

In December, 2012, the Community Council installed the Christmas tree in the derelict garage adjacent to the Hall. Considerable work had been done to upgrade this derelict site in 2012.

Tidy Towns suggested that the installation of a range of Christmas lights the lights would provide a seasonal focus for the village and give a much needed buzz.

The Business Association welcomed this suggestion and became involved in the proposal. Lights were secured through a local Company, Green Veldt, operating in the Tullagreen Industrial Estate.

A Switching-on Ceremony was arranged in line with the visit to Santa to the Hall a few weeks before Christmas. The installation was a major success and the Committee agreed that the switching on of the lights would be continued as a major event in future years.

The Business Association has continued its links with Tidy Towns and both organisations work together to support each others projects thereby making Carrigwohill a better place to live and to do business.

Events/Fundraising

A Summer Bedding and Containers

Demonstration Fundraising event was held at the Ballyseedy Home and Garden Centre on 09 May, 2013. This was presented by Bernie Falvey. A special performance by Carrigwohill Gospel Choir was also staged and evening was very successful and enjoyed by all.

May was **Compost Awareness Month** and a demonstration was held, also at Ballyseedy on Saturday 18th May. This was part of a Cork County Council programme of sponsoring a series of composting demonstrations for the general public at a number of garden centres. Much thanks are due to Ballyseedy for their sponsorship of both these events.

The second annual **Fundraising BBQ** was held on Friday 28 June at the Elm Tree Bar and Restaurant.

The Committee would like to express special thanks to Derek and Lorraine Walsh of The Elm Tree for the sponsorship of the superb food and wine. The Carrigwohill Business Association sponsored the music.

A very enjoyable community night was had and a considerable sum of money raised for Tidy Towns. Special thanks also to the many local businesses who donated spot prizes.

At the end of May, Mr. John Hurley, of Supervalu, Middleton and Mr. Tommy Grimes, Manager invited representatives of Tidy Towns to Middleton where they

donated a very generous cheque to be used in the improvement of the village and the Tidy Towns work.

Supervalu are the national sponsors of Tidy Towns and they sponsor HV vests, gloves and some equipment to the Tidy Towns Committee.

Church gate collection.

The annual collection was held at the end of April to give local people the opportunity to donate to Tidy Towns.

Car Boot Sale:

Tidy Towns set up a table at the Car Boot sale in May 2013 and will continue to do so as a fundraising project. The tally on any given day is small but it all adds up and provides a recycling element to the work of the Committee. Tidy Towns would be very grateful for any donations of saleable items for the table and these can be brought to the Hall Manager or collected by contacting any member of the Tidy Towns Committee.



Competitions

Applications were submitted to a number of competitions including the National Tidy Towns Competition, the Cork County Council Inter Town Litter Challenge and the Muintir na Tire Pride in your Community Competition in 2013. Final results have not been made known as yet but we are delighted with the success so far of the village in the Inter Town Litter Competition. In the attached results sheets Carrigwohill is now lying in second place to Crosshaven in their category.

The National Tidy Towns Competition Results will issue on 09 September and will be available online.

The Inter Village Litter Challenge results will issue on 05 September and the Muintir na Tire Competition results will issue in late September.

Results will also be posted on the Tidy Towns Facebook page.

Cleaning The Village

The Tidy Towns Committee arranged a full village clean up and brush on the May Bank Holiday weekend.

The work commenced at 6.30pm at the Boys School and concluded at the Eastlink Business Park at Carrigane Cross at 9pm.

About 26 volunteers helped with this project. This kick-started a weekly brushing of the village. Volunteers have continued to keep up the cleaning of the village every Sunday morning since May and will conclude at the end of August. The effect on the village of this level of maintenance was alluded to in the reports of the Inter Town Litter challenge and has impacted hugely on the results.



Visit to Schools

Tidy Town's went to visit the Boys school on 01 May to do a presentation on the work of Tidy Towns and talk to the boys on a range of related issues. They were shown slides of the "before and after" of some of the projects around the village which had been developed by the Tidy Towns members; the menace of Fly Tipping was explained to them; they were shown the posters for Dog Fouling and told about the hazards associated with non-removal of such fouling by dog owners. The value of recycling was explained. The boys were very receptive to the visit and asked lots of useful questions.

Green Flags

Tidy Towns members were invited to the Boys School for the Raising of their first Green Flag on Friday 14 June, 2013.

This flag is awarded to schools that have completed an international environmental education programme that promotes and acknowledges long-term, whole school action for the environment.

The award of the first Green Flag was a red letter day for the Boys school and the

raising of the flag coincided with the retirement of two of its most highly respected teaching staff, Mr. Noel Ryan and Mr. Ger Foley.

In keeping with the Green Flag ethos, the school planted an oak and ash tree as a reminder to the boys of its two great teachers.

The Girls Primary School was also awarded its fourth green flag and they were also awarded a national prize as the overall winners for the An Taisce Walk on Wednesday programme.

St. Aloysius Secondary School was also awarded their third green flag for water conservation.

Both primary schools also entered the Muintir na Tire Gardening Competition and both were highly commended for their efforts. Tidy Towns sponsored the cost of the seeds.

Litter Warden

Arrangements were made for the Litter Warden to visit the boys and girls primary schools and the response to this arrangement was excellent with the students becoming very engaged in a question and answer session with the Litter Warden.

The Litter Warden also dealt with a number of complaints of fly tipping reported through the Tidy Towns Committee.

Dereliction

The main projects undertaken to date are the former garage adjacent to the Community Hall in the Main Street, the refurbishment of the three cottages on the Church Lane and the painting of the Purple House at the Well Lane entrance to the All Weather Pitch.

All these projects were undertaken with the kind permission of the owners. There are plans currently being developed for the further upgrading and enhancement of the Garage. These plans include seating, and central as well as vertical planting.

Roundabout

Considerable work was done on the Roundabout at Barryscourt where the existing stone was removed and relocated to other projects.

Power Aggregates, at the Tullagreen Industrial Estate very kindly sponsored the new stone which now gives a very colourful and modern appearance to the roundabout.

Dog Fouling

Any dog owner should be aware that dog fouling is a crime and DOG OWNERS can be subjected to a very extensive fine if they are found to fail to comply with the law.

Tidy Towns has provided dispensers in strategic areas containing bio degradable bags for the disposal of fouling.

The cost to the Tidy Towns to continue to provide such bags is extensive but the results have been remarkable and we feel its worthwhile continue to support this project.

Planting and Other Projects

Rear of the Resource Centre

The area at the rear of the Resource Centre was cleared as far as was possible, gravel was added as ground cover and some additional planting was done. The site inside the gates is privately owned and accordingly is not within the ambit of the Tidy Towns Committee.

Killacloyne Walkway

The Killacloyne Walkway was further developed and is almost at the completion stage. The walkway connection between the Fota Centre and the IDA Estate has been tarred and the banks have been cleaned. Further plans include the sowing of wild flowers and additional trees.

Station Road

Station Road was cleaned over a few weeks and the ditches were cleared of briars which were growing out onto the road thereby giving a few feet to the width to the road!

The shrubbed area at the entrance to the Station was weeded. The footpaths and kerbsides were also weeded and brushed from the parochial house to Pearse Place. Station Road however continues to be problematic with the building site entrance being left in such an unsightly state. Negotiations with the company concerned have been marginally successful and talks are ongoing.

Hanging Baskets and Flowers

Marigolds have been planted in the tubs with the trees; these tubs were repositioned to better vantage points late in 2012. I

n addition hanging baskets were provided to a number of interested households and businesses and these are providing a much improved display this summer.

(Continued on page 38)

The Parochial House

Tidy Towns volunteers painted the rail-



ings around the roadside garden of the Parochial House. The project required the railings to be power washed, cleaned, and took three nights painting to complete. The end result is very satisfactory and greatly enhances the appearance of the Station Road, the first port of call to people travelling in and out of the village by train.

Old Centra Hoarding

The Hoarding outside the former Centra shop in the Main Street was also painted. This hoarding will hopefully provide a canvas for some appropriate artwork to be executed by the students of the Transition year programme in St. Aloysius Secondary School in the next school year.

Residents Associations

Ahern and Ryan Terrace have made great inroads into the building of their new wall which will run the length of the estate to the bus stop. Their Residents Association has developed a very exciting plan for this area and we look forward to seeing this plan come to fruition.



Already a delightfully colourful flower bed has been planted at the entrance; much work also continues to be done to maintain the very high standard the green area at the back of the estate. The green includes a composting space and recently installed up-cycled flower tubs add great interest and colour.

The timber fence leading to the ALDI corner was painted white and all the tree stubs were removed from the inner part of the footpath. This area was gravelled over for safety and it is planned to make the further development of this project a priority for the next Tidy Towns Year.

Maryville Residents have continued to plant up the area behind the new wall at the western end of the estate. This area was formerly a haven for rubbish, was very much overgrown and had been neglected for years.



The new wall was built in 2012. Not to be outdone, at the eastern entrance to Maryville, the Residents built another corresponding wall which has been finished to a very high standard. Further plans include the continuation of the capping to Kathleen's Wall which connects Maryville with the West End. A very exciting project of painted hub-caps on the palisade fencing are adding great colour and interest to this estate. Further plans are being developed for the central green and the refurbishment of the front wall to the estate.

Ban na Greine, and West End residents have bought into the concept of looking after their own areas along with their neighbouring estates and the quality of their maintenance of the green areas is of a very high standard.

Pearse Place Residents Association has been up and running for some time now and the members continue to maintain this estate to a very high level. New ideas for display of flowers and planting continue to be developed and the area always gets a special mention in any reports of the village.

Other estates including, Carrig Downs, Rocklands, Castle View and Fota Rock Residents Associations continue to flourish and great efforts have been made to enhance the green spaces with planting of trees and shrubbed areas, improving the entrances, frequent grass cutting and other works.

The work of the Tidy Towns Committee is greatly enhanced by the input of the Residents Associations and the impact of their activities is highly regarded and very much appreciated.

Some new estates may wish to establish Residents Associations and the Tidy Towns Committee would be delighted to facilitate this process and would be happy to support the process of getting them up and running.

Please contact any Committee member or the Chairman, John McCann if you would like to set up an Association in your locality.

Community Areas

The Community Centre John D's Garden:

The garden adjacent to the playground had been much neglected over a number of years. This was taken in hand in 2013 and visitors to the playground can now enjoy this garden as it should be with a feature of a natural wattle wall on the southern end and the placing of tree trunks as seating and an external fence. A gated entrance gives a very quaint olde world finish to the garden. The stones taken from the roundabout at Barryscourt were used as ground cover. A bird box, made by the Men's Shed has been perched high on one of the trees.

The ByPass Monument:

The area on the slip Road at Exit 4 into the village which houses the bypass monument had become overgrown and was slowly turning into a wilderness. The area has now been cleared, the grass is regularly cut and the trees have been trimmed and cut back. All the twigs removed from this area were returned to mulch which is being used in other areas

(Continued on page 39)



(Continued from page 38)

around the village.

The All Weather Pitch is much more clearly visible as a result of this clearing. Plans are afoot for the development of an effigy of Barryscourt Castle around the site of the old well.

Keith's Garden:

This garden is a part of the development of the All Weather Pitch. The garden had been neglected and the shrubs needed trimming. The area has now been cleared and trimmed and mulch added to provide ground cover. The garden is clearly signalled with a very inspired home made sign.

Other Areas around the Community Former Rose Garden

The Rose Garden, opposite ALDI was once a beautiful feature at the entrance to the village with flowering roses. However, as soon as the trees set behind them grew, their natural light was removed and the roses were a miserable sight struggling against all odds. Tidy Towns removed the roses, and the plants were relocated to a number of other sites, including individual gardens. The area has now been grassed and the expanse underneath the trees is proposed for development as a natural wildlife habitat.

Tullagreen

Tidy Towns upgraded the park in front of Dennehy's Garage in 2013. Trees and shrubs were trimmed, the grass was cut to a high standard, the shrub beds themselves were sprayed and weeded. The park provides an oasis of calm amidst all the industry and activity of traffic in this area and is now widely used by local people and visitors. The bed in the adjacent area is being maintained by Ballyseedy and the Orchard and wild flower garden will be taken in hand in the coming season to bring it into line with the Tidy Towns Guidelines in relation to wild areas.

Naming of the Park in Tullagreen:

Tidy Towns is considering a name for the Park at Tullagreen and any ideas or suggestions are welcome. The Tidy Towns is on Facebook and submissions can be made through that medium.

Access to the FB page is Carrigtwohill Tidy Towns or through the Carrigtwohill Community Council website by following the Facebook link.

The Committee would also welcome any suggestions or ideas from members of the public on possible sites or projects for development.

Garden at Eastlink Business Park:

This garden was redeveloped by Tidy Towns a few years ago. The grass is regularly cut and the trees trimmed and fed annually.

In early June a team from Tidy Towns cleared all the kerbside weeds and brushed the park up to the half way mark as was visible from the main road. The ivy on the wall was very overgrown and was finding its way into the shrub bed. This was cut back as far as possible at the time but now needs some further trimming. Much thanks is due a nearby resident who regularly tends to the flowers and shrubs.

Carrigane

The roadway from the Carrigane cross northwards has been greatly improved with the help of local residents as well as residents in Rocklands, Castle View and Fota Rock.

Weeds have been cleared and the footpaths and kerbsides are kept weed free. The grassed area at Carrigane corner is regularly mowed also.

Barryscourt

Proposals for the development of the roadside from the Castle towards the Barryscourt Terrace were developed and an initial plan was to clear the area of briars, weeds and dead trees. Further plans are to place stones at the corner representing the towers of the Castle and the house nearby. These will be placed just inside the metal hoarding, and will be enhanced with appropriate planting. It is hoped to move this project on over the Autumn and winter months.

An honourable mention must be given to the achievements of the residents of the Barryscourt Terrace for their development of their own neighbourhood. Time will greatly enhance this project and we all look forward to seeing how it matures

in the coming years.

Volunteers

Much credit is due to the input of Tidy Towns volunteers in the maintenance of the grass cutting in the village and the surrounding areas.

Cork County Council no longer provides this service to the village and but for the work of our two TUAS workers, Jimmy Fitzgerald and Robert O'Mahony and these Tidy Towns volunteers, your village would be a sorry sight.

Mention must also be made of the amount of litter picked up in the village and surrounding roads regularly.

Our volunteers constantly pick up after those among us who throw their waste on the ground. And again it must be said that, measured by the amount of litter collected on a weekly basis, without the input of Tidy Towns your village would be nothing short of a slum.

New members are always welcome and the amount of time you give is entirely up to yourself. Projects have a start and finish time, normally on a Monday night, and every little bit of help we get is welcomed and makes it a bit easier on the others. Even a half hour of your time is welcome. The work is never overtaxing and volunteers are only asked to work at their own pace.

If you feel you can give some time to Tidy Towns, you can contact one of the following members or follow our projects on Facebook and just come along and join in. We would be delighted to hear from you.

Contact Details for Tidy Towns

John McCann, Chairman
087-7749052

Eileen Stoap, Secretary
086-8337684

Oliver Sheehan, Treasurer
087-8509213

Facebook Page
Carrigtwohill Tidy Towns

Email Address
carrigtidytowns@gmail.com



fáilte cúig

Cumann Peil Gael na mBan Carraigtohuill

www.carrigtwohillgaa.com

Carrigtwohill Ladies Football Club caters for all ages from Fé 8 up to Intermediates (Adults).

For the juvenile section (Fé 8 to 16) the training sessions play a vital role in the development of the basic skills that our younger members learn and mature on. These young players are the club's future and we would appeal to parents to get involved in these training sessions, as your help is most welcome.

New members are welcome and if you wish to joined contact any of the committee members or send us an email to Carrigtwohill.ladies.football@gmail.com.

Fé 14 All-Ireland Champions.

All-Ireland Champions, congratulations to Ciara Breenan and Aoife McCarthy in All-Ireland U14 Football Final against Kildare on a scoreline of 3-15 to 106.

Munster 7s

Munster 7 Champions, the Carrigtwohill/Eirns Own intermediates won Munster Intermediate 7's tournament: beating St. Vals in the final. First silverware won since the amalgamation, and hopefully not the last.

Fé 8

On the 18th of June Our Fé 8 played their first outing for matches in the Lisgoold U8 football blitz (based on the go games rules). We played Midleton, Lisgoold and Watergrasshill in 3 very entertaining matches were all teams gave 100%. Based on these performances ladies football has good future in East Cork. Our thanks to Lisgoold for holding the blitz. Our thanks also to the Carrigtwohill Camogie Club for their cooperation in enabling us to participate in the blitz.



Used Clothing Appeal

We would like to thank everybody who supported the use clothing appeal that help to raise funds for running of the club and thanks to Trish who was the driving force behind this fund raising event.

Fixtures:

Fixtures are posted on the Carrigtwohill Ladies Football Website <http://www.carrigtwohillgaa.com/ladiesfootball/ladiesfootball.html>).

Follow Carrigtwohill Ladies Football:

1. Website: <http://www.carrigtwohillgaa.com/ladiesfootball/ladiesfootball.html>
2. Facebook: Carrigtwohill Ladies Football Club.
3. Twitter: @Carrig2hillglf



Environment Matters

By Mary O'Mahony

Roads

Roads resurfacing is ongoing at the moment and below is a list of the Midleton area for 2013

Road Number	Road and/or Townland Name
7649	Ballyannon
629	Rock Street, Cloyne
7879	Garryvoe Lower (Mullock Rd) Phase 2
629	Carneys Cross
3801	Dungourney/Pound Cross
7818	Corbally/Clonmult
634	Old N25 at Kennel Townland
7631	Ballinakilla to Pigeon Hill
3610	3 Cross roads Templenacarriga South to Pynes X
7692	Dundullerick Bridge at R626 to Dundullerick West L7691
3619	Ballintubber West towards Rossmore Junction
7695	Knockahen
3611	Sylvester Hill
627	Dungourney Village
29913	Walterstown (From Jnt L2991 South)
3604	Leamlara to Condonstown
3680	Main Street, Carrigtwohill
7825	Dangan Cross north towards Ballyre Cross
7629	Roxborough Road - Phase 1
7629	Roxborough Road - Phase 2
629	Shanagarry 3 Cross Roads (R632)/(speed limit)- 230m west of Ballytrasna 3 Cross Roads (L 3633)
3800	Balldonagh Beg to Rathorgan
76311	Ballynakilla (Condonstown)
7681	Pilmore (from R633)
629	Carneys Cross
7649	Ballyannon
629	Rock Street, Cloyne
7879	Garryvoe Lower (Mullock Rd) Phase 2
L-7014	Donegal Hill
L-7635	Tibbotstown Road
L-7634	Ballinakilla to Garranes
L-7632-15	Longstown Road
L-3614	Broomfield East
L-36171 & L-7639	Poulanskis to Carrigane
L-7638	Ballyregan to Reanasallagh Cross
L-7021	Ballynagaul
L-7601 & L-7607	Templenacarriga
L-7608	Templenacarriga South

Hedgy Boreen

Flooding has been an ongoing problem on the road known as the Hedgy boreen next to the former Amgem site.

Local residents have found themselves trapped and unable to use the road due to the flooding. They had to travel the N25 to Midleton to get to Carrigtwohill which was a major inconvenience.

However due to the pressure from Mary O'Mahony, Environment Sub-Committee Chairperson and Carrigtwohill community council, local engineer, Cork county council and co-operation with the IDA, hopefully this has resolved the problem.

On behalf of the Community Council I would like to say thanks to everyone concerned.



Dog Fouling

Now that we are in the height of the summer and enjoying the warm weather I would like to remind dog owners to avail of the free bags that are available in the dispensers along the main walking routes around the Carrigtwohill area.



In the Garden

with Michael Clancy,
Fota Garden Centre

It's that time of year again when our attention shifts in the garden from flowering shrubs and bedding plants to herbaceous plants.

I find these to be the most interesting and varied of all garden plants. Every year they emerge from the soil, bigger and better than before, to produce blooms and foliage freely.

The interest in herbaceous or perennial plants seems to increase every year and with summers like last year, the wet conditions enabled them to reproduce successfully.

Alstroemeria have for a long time been a favourite in many gardens. (Otherwise known as the Peruvian Lilly) They come in a multitude of colours and sizes, taller varieties were much more popular in times gone by, because of their inability to withstand windy conditions most new varieties tend to be no more than 30cm tall. Alstroemeria will do very well in a pot and with a confined root system they tend to flower much better. Feed them during their growing season with tomato food and watch out for slugs.



Penstemon is a very much underestimated herbaceous plant. They are available in many colour combinations and tend to thrive with very little care or attention.

They will do best planted on a southerly slope in free draining soil.

Remove dead flowering heads to prolong the flowering season and cut back the plant by half towards the end of the season. Unlike many other herbaceous plants, the penstemon can remain green over the winter in some circumstances. Feed regularly during the growing season, they have very few problems with pests or diseases.



Verbascum is not as common as the previous herbaceous plants. Many people

have problems growing them. They remind me of miniature foxgloves, but flowering much later. They will not survive in wet heavy conditions and do not like the shade.

Vine weevil are very fond of their tender roots. They may require more effort than other plants, but the reward is fantastic when they bloom.

Geranium is the correct name for a large group of herbaceous plants. My favourite varieties include Hocus pocus and Azure rush. This has to be the best known and most varied of all herbaceous plants.

Hocus Pocus has beautiful soft purple leaves and a lovely complimenting dark blue flower. Azure rush has soft green leaves with a light blue flower. Both will do best in full sun with free draining soil and they will benefit from a summer feed.



Phlox have become a lot more popular in recent times. They are available in red, purple, blue and white. They will tolerate heavier soil than other herbaceous plants and they will take lower light conditions. I always find it a good idea to top dress herbaceous plants with some compost going into the winter, especially Phlox. This will keep the root system safe from frost and also help prevent them from drying out during the summer months. Drought conditions can be particularly damaging to the survival of Phlox.

Rudbeckia are commonly called, Black eyed Susans, they must be one of the most popular of all herbaceous plants in this country, and with good reason. They are very easy to grow. They will tolerate most any garden soil and most conditions. They will spread easily and flower freely for 2 to 3 months of the year, depending on the autumn weather.



When blooming is completed, cut them down with a shears and top dress the area with compost. Alternatively leave the flower heads until spring as they can look great with a white frost.

Hemerocallis or Day lilies, these will flower on a stem, producing many individual flowers, each lasting little more than a day. They will do well in a moist situation with a good heavy soil. They will benefit from a summer feed, and this will result in prolonging the flowering season. They are also available in a variety of different colours, from reds to yellows and purples.

Hosta have the reputation of being fodder for slugs, while I'm not disputing this, I am in favour of the use of slug



pellets, these can be safely broadcasted underneath the leaves for the maximum effect and in the process will prevent any damage to wild birds.

Many Hostas will have finished blooming at this point, the dead flower heads should be clipped off as they take away from the beauty of the leaves.

A liquid feed after flowering will restore some vigour to the leaves.

Finally, I have to give **Agapanthus** a mention.

They are always a conversation point in the garden at this time of year.

Available in a few shades of blue and white, they can vary in size from 20 cm to over a meter.

Commonly called Lilly of the Nile, they always seem to look more at home by the water.

They like a good rich fertile soil and what feeding they will receive this year will benefit them in the years to come.



You can see our full range of plant material at the garden centre, we are open from 10am till 5.30 pm Mondays till Saturdays, 2pm till 5.00pm Sundays.

We now offer a full landscaping service, from garden design to construction and restoration

Michael Clancy

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Retirements Ger Foley and Noel Ryan from St. Mary's Boys National School

Pics: Eddie O'Riordan



Stop Food Waste

Do you know that wasted food costs the average household between €700 and €1000 per year! Most of this food waste is thrown in the bin and while some is composted most of it goes to landfill where as it decomposes it creates methane and other gases. These gases not only cause a foul smell they are extremely damaging to the environment.

In these straightened times we all need to spend our money wisely and if we can do that and at the same time reduce the damage to the environment our children and grandchildren will thank us for it.

So what can we do? Well firstly let's look at the foodstuff that most frequently end in the bin. Research has shown that bread tops the list followed by potatoes, apples, salad ingredients, meat and fish, yogurts and milk ie perishables.

Preventing food waste starts when you go shopping.

So consider some of the following tips and you will reduce food waste and save yourself money.

- Don't go shopping when you are hungry, you'll buy more than you need.
- If you are shopping for the week, try to plan your meals ahead.
- Check your fridge, freezer and cupboards before you go shopping, and plan meals around what you find.
- Then make a shopping list and stick to it.



Beware of special deals – these are great for toilet paper or shampoo but are not a good idea for anything that can go off quickly like fruit, vegetables and salads. These are things we buy because it looks like we are getting a bargain but more often than not doesn't get eaten or goes off and ends up in the bin.

Try to buy loose fruit and vegetables – you get only what you need and this cuts down on packaging waste as well.

Check use by dates to avoid buying food that might be thrown out if not eaten straight away.

Shop LOCAL- particularly for perishables like meat, milk, fruit and vegetables. You will be supporting local businesses, saving time and energy and getting only what you need.

Another option is shopping on line for your basics - you are more likely to stick to your list and not be distracted by all the other goods on the shelves!

www.stopfoodwaste.ie

Singers Required for East Cork Male Group.

No previous experience necessary.

Sing away those winter blues.

Commencing in Sept.

Tel 087-6464115

AgeAction

For all older people

Care & Repair

Free Odd-Job/DIY Service for Older People

Are you 65+ years of age? Do you have a small repair job that you would like to have done? Age Action's Care & Repair service uses a pool of trustworthy volunteer handy-persons to carry out minor repairs and odd jobs for older people who find it difficult to do these jobs themselves.

Some of the jobs that our volunteers can do include changing light bulbs, tacking down carpets, minor painting and decorating, hanging curtains, minor gardening, minor carpentry and installing smoke alarms. The service is free; you only pay for the materials used. For bigger jobs that are beyond the scope of our volunteers, we maintain a register of reliable and honest tradespersons whose contact details we can provide. We can also arrange regular social visits to older people.

All volunteers are Garda vetted and carry official Age Action identification cards. To arrange to have a job done for you, simply call 021-4536554 and we will arrange to have local volunteers contact you.

Age Action is Ireland's leading charity for older people. We believe that Ireland should be the best place in which to grow older. We work to fight discrimination, promote positive ageing and improve policies and services for all older people.

Phone: 021-4536554

Youngsters get a KICK out of new club



East Cork Taekwon-Do Club in Carrigtwohill recently opened to cater for boys & girls from the age of 3. Kids are having great fun while learning martial arts, making new friends, learning important life skills such as confidence, discipline and concentration to name a few. The club is run by Mr. Richard Forde (3rd Degree Black Belt) a local of Carrigtwohill. The club train in Cork Acro Gymnastics Club in Carrigtwohill Industrial Estate opposite Aldi.

East Cork Taekwon-Do is part of the Irish Taekwon-Do Association, the biggest association in Ireland and winners of the best association in the world in October 2012. The club is based on the highest Taekwon-Do standard. The club is part of the Irish Martial Arts Commission & Taekwon-Do Advisory Board. All Instructors are Garda Vetted and recognized coaches by the Irish Martial Arts Commission. Mr. Forde is a European Championship & European Cup winner in individual sparring. He will compete in the World Championships in October in Spain.

East Cork Taekwon-Do is one of the first clubs in the world to introduce the brand new exciting kids program called Taekwon-Do Kubz specifically aimed at kids between 3-6.

This fun program uniquely links Taekwon-Do with school and the parents to encourage great behaviour in school and at home, which is every parents dream! Our super fun classes are loved by all the kids as they learn safety drills such as

stranger danger, home safety, road safety, how to deal with bullies etc. This program allows kids to learn in a positive fun and safe environment.

They have fantastic Kubz Taekwon-Do Uniforms and use a colourful interactive Kubz manual as part of their training while continuously receiving cool rewards to encourage good behaviour and positive life skills.

Parents are delighted with the progress their kids are making in our classes.

Some of the feedback left on our Facebook page ([facebook.com/EastCorkTaekwonDo](https://www.facebook.com/EastCorkTaekwonDo)) includes:

"I don't know how you are doing it but the girls are different children when they come home from your class. They are helpful, polite and tend to do exactly as they are asked".

"My 2 kids are in Taekwon-Do and it has been great for them. They made new

friends and enjoy the exercise. Everyone at the club is great and respect is core to involvement. The instructors are great and make classes enjoyable for everyone. I can't think of any better activity".

"Thanks a mill for letting my little man see you all in action tonight. Great fun hearing and watching the kids. Love your manor with them also. Well done".

New beginner classes will begin in September for Kubz (3-6) & Junior Taekwon-Do (7-12). Book a place for your child now as places are booking up fast.

We offer the highest quality classes at the best value. It could be just what your child needs and you as a parent/guardian

Call/Text Mr. Richard Forde on 085-8267810





The Carrigtwohill Gospel Choir



The Bluebell Brownies break for the summer



Catherine, Niamh and Dave Cashman
hosting their annual Alzheimers Tea Day



Willie O'Brien and Staff with their national Barbeque Bronze
certificate won for gourmet burgers

Carrigtwohill Community Council Officers

President	Fr. Anthony O'Brien
Vice President	John Buckley
Chairperson	Margaret Searson
V/Chairperson	John McCann
Secretary	Annette Brown
A/Secretary	Shane Lynch
Treasurer	Pauline Murphy
Joint Treasurer	Ann O'Driscoll
P.R.O.'s	Joanna Coomey Peter Hyde

Sub-Committees

All Weather/Hall Campus
Chairperson: John Buckley

Car Boot Sales
Chairperson: Margaret Long

Community Alert
Chairperson: Anthony Barry

Community Care
Chairperson: Anna Fitzgerald

Environment
Mary O'Mahoney

Cultural Festival
Chairperson: Geraldine Cashman
Roma Walsh

Local Authority Liaison
Chairperson: Trish O'Brien

Old Graveyard
Chairperson: John Dennehy

Tidy Towns
Chairperson: John McCann

Tuesday Club
Chairperson; Eleanor Geraghty

Walkway/Well Lane
Chairperson: Oliver Sheehan

Community Council Members Elected April 2013

District A: Castle View
John Dennehy, Kevin Ginn, Peter Hyde, Margaret Searson

District B: Ballyvodock, Ballyannon, Baneshane
Catherine Cahalane, Robbie Sheehan

District C: Fota, Rossmore, Barryscourt
Sharon Bunce, Trish O'Brien, Eileen Stoap.

District D: Ballinabointra, Burgessland, Clyduff, Ballyadam, Carrigane
Anthony Barry, John Buckley, Billy Foley, Jim Kenny

District E: Balyrichard, Waterock, Curragh
Michael Boland, Annette Lane, Margaret Long, Mary O'Mahoney

District F: Tullagreine, Killacloyne, Ballynoe, Annesgrove, Terrysland
Donal Kerins

District G: Ballintubber
Helen Greene, Pat Golden, Jimmy O'Brien, Roma Walsh

District H: Maryville, Aherne & Ryan Tce, Tara Court, Ban na Greine, Ard Charraig
Nuala Healy

District I: West End, Kent Tce, Carrig Downs, Main St. Carrig East, Carrigane South.
Anna Fitzgerald, Eleanor Geraghty.

DistrictJ: Chapel Lane, Church Road, Pearse Place, Cois Carraig, The Rock, Ashbrook
John McCann

District K: Springhill, Ballyreagan, Ballyinbritig, Renasallagh, Clooneen, Tibbstown, Forrestown, Carhoo, Labaun, Garrycloyne
Geraldine Cashman, Joanne Coomey, Oliver Sheehan.

District L: Ballyleary, Lackabeha, Gurranes, Longstown, Gortamucky, Fahydorgan, Ardglass, Woodstock
Ann Cronin, Pauline Murhpy, Ann O'Driscoll

District M: Rocklands, Fota Rock
Gary Armstrong, Philip Gray, Hugh Kavanagh, Lorraine McCarthy.

District N: Cúl Árd, Cluain Cairn
Shane Lynch, Muriel O'Connell, Jack O'Neill

District O: Castle Lake
Netta Browne, Oliver McSweeney

Castle Lands: No representative

Carrigtwohill Community Council
Website: www.carrigtwohillcommunity.ie
Email: info@carrigtwohillcommunity.ie
Community Centre - Telephone 021-4882265

Water Wisdom

As all householders are now aware we will have to pay water rates from January 2015. Soon our homes will be metered and the bills will be arriving through letter boxes throughout the land! We have about 16 months to make ourselves more aware of ways in which we can reduce our water consumption. Water is a very precious resource which we often take for granted. While water rates are certainly a revenue generating exercise it is also important that we learn to respect and conserve this life sustaining gift; without water there would be no life on earth!

On average, each of us uses about 148 litres of water per day, through the use of baths and showers, drinking, cooking, washing clothes, cleaning the car and in the garden.

So lets look at the amount of water each of these activities uses:

Activity	Amount of water (litres)
Bath	80
5 Minute Shower	35
Power Shower	125 in les than 5 minures
Brushing teeth with tap running	6 per minute
Brushing teeth with tap off	1
W.C. Flush standard	9
W.C. Flush modern	6
Washing machine modern	45
Washing machine	65
Dishwasher	20
Washing car with Bucket	10
Hosepipe	9 per minute

Fota House and Gardens

ISNA Plant Fair and Autumn Gardening Seminar on Sunday 29th September 2013

On Sunday, 29th September, Fota House will host both the Irish Specialist Nursery Association Plant Fair and its annual Autumn Gardening Seminar.

The ISNA was established to represent the smaller, specialised nurseries in Ireland. These nurseries offer a wide variety of plants, services and advice. Most of the stock that they produce is propagated by themselves or sourced from other artisan producers. They offer a wide selection of plants ranging from the more common species to the rare and obscure cultivars not normally found in the bigger retail outlets in Ireland.

The Fair will run from 11.00 a.m. to 4.00 p.m. and catering facilities will be available in Fota House and on site throughout the day. Admission €5.00, including Car Parking.

On the same day, Fota House will hold its annual Autumn Gardening Seminar. Participants at this will have an hour's free priority visit to the ISNA Plant Fair.

Registration for the Seminar will take place at the Plant Fair at 9.30 and the first lecture "Cork's Botanic Gardens" will be given by well known journalist Charlie Wilkins in Fota House at 11.00 after which Bill Wigham will discuss the advantages of "Gee-Up". This will be followed by complimentary tea/ coffee and scones.

" Brian Cross will then talk about "Preparing the Garden for Winter" and the Chairman of the ISNA, Gerry Harford, will give a Presentation entitled "New Favourites or....."

The cost of tickets for the Seminar is €35.00 which will also include admission to the Plant Fair and a complimentary bag of "Gee-Up".

Conducted tours of the newly restored Farmyard will be available in the afternoon at a cost of €5.00.

To book for the Seminar, please telephone Fota House – 021 4815543.

Booking is not necessary for the Plant Fair.

Carrigtwohill Community Centre and All Weather Facility Open Day 2013

**Saturday 7th September
at 12 noon**

An Open Day will take place at Carrigtwohill Community Centre and All Weather Facility on Saturday 7 September commencing at 12 noon.

The day will include a showcase of the groups, clubs and activities which take place at the Community Centre and All Weather Pitch throughout the year.

If you would like to get involved in this or require further information please phone 0214882265.

Carrigtwohill Cultural Street Festival Sunday August 25th 2013

*All the traditional attractions
plus lots more*

A Carrigtwohill Community Council Promotion



Mary Geary's

Carrigtwohill Creche,
Playschool & Afterschool Club.

Spread your child's wings at Mary Geary's childcare.

Afterschool Club

**Providing a bright, comfortable and homely environment for children ranging
from 4 years up to 12 years**

Full day care service provided

School pickup & drop off

Homemade nutritious meals

Supervised homework

Outdoor activities: 3 playgrounds, football, weekly trips to all weather facility,
trips to Go Safari, parachute games, nature walks etc

Indoor activities: computer learning, shared reading, arts & crafts & much more.....

"Those that teach young babes do so with gentle means and easy tasks"

Contact us on 021 4533802



J H Kim institute Cork Ireland

The summer Black Belt grading for the school was held on Saturday the 16th of June in the school itself.

The test was presided over by instructors Master Cyril McSweeney 6th degree, Master Kevin O'Donovan 5th degree and Master Noel Maher 5th degree.

The candidates have been training for a long time for this day in the specially formulated Black belt program. As was to be expected, a cocktail of nerves and excitement accompanied the candidates to the institute at 9.00 am. As the grading was to be a closed event, only black belts could attend the grading. This arrangement allowed the candidates the comfort of knowing that they were amongst their peers who had partaken in the same stringent tests in order to attain their own black belts.

The students presented themselves in front of the examiners in groups of four and were given time to find their rhythm by being asked to perform the basic blocks, strikes and kicks combinations up and down the floor. They then had to perform one-on-one combinations to show speed, power, accuracy and ultimately, the skill sets which they have so ably developed on their Taekwon-do journey thus far. Each quartet was given the same tasks to perform in order to maintain fair standards.

Patterns were to be performed next, giving the candidates the opportunity to showcase their memory, composure and execution. The candidates performed admirably in this section, displaying a fantastic array of both physical and mental skills.

With the patterns now done, the students partnered up for free range sparring and Taekwondo based grappling. This was to be a very hard section of the grading as the students had to work extremely tough at each section, in keeping with what seems to have been a common theme throughout the grading, they performed well and showed some great individual techniques.



Kayleigh Williams 1st degree
May Webe 1st degree
Niall Harte 1st degree
Darragh D Ymedji 1st degree
Samuel Ebea 1st degree
Ciara Wilkinson 1st degree
Rebecca Crawford 1st degree
Robert O'Regan 1st degree
Brian Corcoran 1st degree

Mary Williams 2nd degree
Marke Keane 2nd degree
Jonathan Roche 2nd Degree
Bryan Bridgeman 2nd Degree

Noel Maher
Cyril Mc Sweeney
Kevin O Donovan

They personified control and skill which was an impressive feat considering the candidates were as young as eight years old.

With the majority of the test having been completed, the candidates now faced up to just a handful more challenges before they could proclaim to having completed their black belt examination. The self-defence section of the grading was executed in a tremendous fashion as poise, control and strength were put on show for all to see.

The dreaded destruction segment of the grading was the last of the physical tests to be staged. Although this is often the most feared aspect of the black belt exam, it proved to be a very manageable task for this group of determined candidates who performed with ease.

Having pushed themselves to the point of exhaustion for nearly three hours, the candidates seemed overjoyed to finally be dismissed at the end of their test. The three examiners then retired to discuss

the performance of each individual candidate throughout the day's events.

It was clear to all gathered that skill, determination and perseverance were the order of the day in the confines of the East Cork school as those who observed were treated to a great spectacle of Taekwondo.

The day ended with a large group of people attending the School summer BBQ at the wonderful Elm Tree Bar, where the hard-working students gathered to await their fate.

It was with great happiness that Master McSweeney was then able to announce that all those who presented themselves as candidates were successful in their quest to take the next step.

A great night was enjoyed by all the students and family members a very special thanks must go to all the black Belts who helped with the grading and with preparing the students to achieve what, for some, was a life changing event and goal.



Carrigtwohill Camogie Club

The summer months see a hive of activity with league games for the older teams and go game competition matches for the younger age group.

As the league comes to a close, the Championship starts in earnest along with the U15 and U13 Imokilly leagues.

U6 Blitz in June

The sun was shining down on us all as our U6 girls kitted out for their first blitz of the season, against travelling teams Sarsfields and Blackrock. There was great excitement as our girls played brilliantly and showed us all how hard they have been training this season. We played 3 short matches with each team getting a chance to rest for 1 match. All the girls played their hearts out and showed off their dribbling and passing skills, with quite a few goals to cheer for also!

We also showed great team spirit and fair play as a few of our girls agreed to play one of the matches with the Blackrock team to make up their numbers properly.

Thanks girls this shows generous spirit. It was a great day for both players and spectators alike and we look forward to many more matches - hopefully in the sun!



Under 12 Team

U8

The U8 section have been extremely busy – with large numbers in this age group, 2 teams were submitted for competitions. To date, the girls have completed 3 blitz in Sarsfield's, Aghada and Carrigtwohill as well as separate go games matches, the girls are doing very well.

One remaining home match against Carrigaline will complete a very busy schedule.

Well done to all the U8 girls, their hard working coaches and parents for their support of the teams.

U10

This section is also very busy with matches well underway against Cloughduv, Douglas, Innishannon and Na Piar-saigh.

U12

Aghada, Dungourney and Fr. O'Neills have provided the opposition to Carrig – great displays on camogie talent on display. Keep up the good work girls. The girls will start off their Imokilly league games next week against Youghal, Castlelyons and Cobh



This years Cúl Camp participants with Cork Hurling Star Lorcan McLoughlin

(Continued from page 52)

U14

5 league matches under their belt and this team are ready for the Championship ! Currently preparing for the Imokilly leagues which have started already, this team are showing great potential. Youghal, Cobh and Dungouney are the opposition in the U15 Imokilly leagues

U16, Minor & Junior

Cobh, Youghal, Tracton and Sarsfields were teams played in the u16 league. This team has been together for a number of years and again they played some terrific camogie. Lack of fixtures in the Minor and Junior league this year, but Championship begins in earnest next week.

Congratulations to Courtney Horgan and Caleigh Boland on getting on the Cork U15 development team. (see photo) and to Rachel Sheehan on the Cork Minor team who reached the all Ireland quarter finals – well done Rachel.

This week saw the of this years very successful Cúl Camp. Thanks to Dominic Rooney for a well organised camp this year and Karen Horgan the Camogie 'the second in command'

Training for the month of August will be on Friday nights 7-8pm in GAA pitch

Please visit our website for up to date information on fixtures, match reports and photos !

www.carrigtwohillgaa.ie/camogie



Courtney Horgan and Caleigh Boland



CARRIGTWOHILL UNITED AFC

www.carrigtwohillunited.com



Carrigtwohill United titling winning U-15 and U-14 squads with their trophies, medals and new club tops. Also included are the squads management team.

St John Ambulance, Glanmire

St John Ambulance, Glanmire, are always looking for enthusiastic, motivated volunteers.



St John Ambulance (SJA) is a registered charity in Ireland.

The Glanmire division is almost two years old, and is growing from strength to strength with approximately 40 adult volunteers. Our cadet division teaches vital first aid skills to young adults aged 12 to 18.

We provide event medical cover for GAA, Rugby, Soccer, Concerts, Festivals, Equestrian Events, Martial Arts and many more with a fleet of ambulances, rapid response vehicles and cycle response units.

We also teach public first aid courses on an annual basis. Volunteers will have the opportunity to attend national events in conjunction with SJA divisions throughout the country, covering venues such as Croke Park, The RDS and Aviva Stadium.

Members attend weekly training sessions at 18.45 every Wednesday in Glanmire Community College, Brooklodge.

You will be trained by Nurses, Advanced Paramedics, Paramedics, EMTs, Emergency First Responders and First Aiders.

If you are interested in coming along to an introductory training session, or need event medical cover, please email Supt. Gerard Doyle at glanmire@stjohnambulance.ie or call/text [086-0699086](tel:086-0699086).

See our website www.stjohnambulance.ie for info.

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**Curtain Cleaning
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**Same Day Dry Cleaning
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Carrigtwohill G.A.A. Gymnasium

**Get Into Shape at Affordable Rates
New Equipment now Installed**

**Yearly Membership:
Family Membership €300.00
Adults €170.00**

6 months €120.00, Student €100.00

Gift Vouchers also available

**Office open Monday Nights
8pm to 9pm to view or join up
or Monday to Thursday
10am to 1pm
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Special Offers

10 Chicken Fillets €10.00

20 Eggs (large) €4.00

5 Pork Chops + 5 Chicken Breasts €10.00



**Brighten up your salads with
Farm Fresh Coleslaw - Potato Salad - Egg Mayonnaise**

Carrigtwohill Men's Shed

Moving house is a big ordeal, but have you ever moved shed?

The lads of the Carrigtwohill Men's Shed are taking on the challenge of relocating the well -established Men's Shed Project from Castlflake to a wonderfully central site in the village, adjacent to the all-weather pitches. Our friends Ollie & Rob have rolled up their sleeves to help us and are now honorary Shedders!

As you will see below, our range of interests have become very diverse & the drive is now well underway to purchase a new purpose built shed for the village.

We are very proud of our work in the community and over the past few months we have quietly used our time

& skills (diverse as they) are to help out some of our neighbours.

Some of our highlights recently have been the bird boxes we have donated to the Castlflake wildflower meadow and to Grenville House, the window boxes for the national school whose flowers really help beautify the main street and the creation of signage boards for the tidy towns committee. The shed isn't a service for men, far from it, in fact it's a shed where the lads can use their skills to help improve their community.

Our Community Liaison man, Ger, is to be thanked for forging so many of these wonderful links.

If you're working or not, if you're old or young, if you're local or not, it really doesn't matter.

The shed is a welcoming place & as it's just a shed, it's pretty much the least formal place you could imagine.

Our hope is that we can open the doors to many new members over the next few months and that the new shed will become a central part of the culture and fabric of Carrigtwohill. For more info please call Peter on the number above or drop in any Thursday from 7pm or Saturdays from 11am (and bring your own mug).



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The Money Advice and Budgeting Service (MABS) is the only free, confidential, independent and non-judgmental service for people in debt, or in danger of getting into debt, in Ireland.

Their Helpline (0761-072000) operates Monday to Friday from 9am to 8pm.

You can also send an email to helpline@mabs.ie if you have any questions.

They are a national service with over 60 offices nationwide.

For details of your nearest office, visit the [Contact MABS](#) area of their website. The Citizens Information Board have statutory responsibility for MABS.

MABS is funded and supported by the Citizens Information Board (www.citizensinformationboard.ie).

MABS works with clients by supporting them in drawing up realistic budgets and maximising their incomes. MABS also supports clients in dealing with their debts according to their budgets. MABS does not give "financial advice" – they do not advise clients on investments or on specific financial products.

MABS also does not give out money.



SmileFM is an aspirant Community Radio Station based at Fota-point Enterprise Park in Carrigtwohill. The station plans broadcast to Little Island, Glounthaune, Carrigtwohill, Midleton and all surrounding areas,

Volunteers broadcasters, producers and researchers are presently developing their skills by producing regular webcasts which are available on the website www.smilefmcork.com. Just log in and select the programme you want to listen to. All past programmes are also available in the archive area.

The sports team of PJ Aherne, Paudge Deehan and Dermot O'Connell are now producing weekly programmes which are on line every Friday night. They cover all sports with a particular emphasis on the closing stages of the local GAA championships. Paudge recently interviewed Séan Óg Ó hAilpín at the Midleton hospital garden fete

What's Topical? is produced by Denise Roche and covers a wide variety of subjects.

Trish Ryall does regular interviews with the movers and shakers in the business community.

Holy Matters is a programme produced and presented by Daphne Spillane.

A news programme covers all the local news and also lists all the entertainment dates in the area.

An Guth Anoir is a programme presented in the Irish language by Dermot O'Connell.

Listen to all these programmes on
www.smilefmcork.com

Wanted at SmileFM

**Presenters,
Producers,
Researchers,
Administrators,
Fundraisers**

Email info@smilefmcork.com
Ring 087-6290574



The SmileFM Sports Team Dermot O'Connell, PJ Aherne and Paudge Deehan pictured with Séan Óg Ó hAilpín at the Midleton Hospital Garden Fete.



SmileFM presenter, producer and newscaster Daphne Spillane in action



Some of the SmileFM crew at a recent meeting

Back L to R: Dermot O'Connell, Brendan Cronin, Denise Roche, PJ Aherne, Kay O'Gorman, Conor O'Driscoll. Jim Fenton, Dave Moore
Front. Olivia Brown, Paudge Deehan, Trish Ryall, Daphne Spillane.

Carrigtwohill Sports Stars



June 2013 - Barry O'Brien

Barry being presented with his trophy by Leo Spratt.
Barry is a very success golfer and was awarded the trophy to mark his recent success



July 2013 - Ciara Brennan

Ciara being presented with her trophy by Leo Spratt.
Ciara won an All Ireland U-14 Ladies Football medal with Cork

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Carrigtwohill Community Council

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Garda Síochána

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Midleton	4631478
Cobh District HQ.	4908530

Hospitals

Cork University Hospital, Wilton, Cork	4546400
Cork South Infirmary Victoria Hospital, Old Blackrock Rd,	4926100
Mercy University Hospital, Grenville Place, Cork	4271971

Doctors

Dr. Mary Barry	4883895
Dr. Hugh Doran	4883176
Dr. Brian Jordan	4631234
Dr. Pat Kennedy	4883162
Dr. Ger McLaughlin	4883162
Dr. Lynda O'Callaghan	4883895
Dr. Sushil Ranga	4853831
Dr. Mike Thompson	4883895
South Doc	1850 335 999

Clergy

Fr. Anthony O'Brien	087 6834193
Rev. Brian M O'Reilly	086 2230271

DIRECTIONS TO YOUR HOME

The Emergency services recommend that you write the directions to your home in the space below, in three to four short sentences, as they know from experience that people have difficulty giving clear directions in an emergency situation, which creates unnecessary delays.

Keep this sheet in a safe place - BESIDE YOUR PHONE